

# Sol Y Mar

**COPPER** KNOB  
STEPSHEETS

**Compte:** 32

**Mur:** 1

**Niveau:** Ultra Beginner – Pasodoble  
Rhythm



**Chorégraphe:** Finalipio - March 2021

**Musique:** Costa Brava Catalana (Sol y Mar, verde pinar) - Digno García y Sus Carios

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**Stepsheet:** Montse Bou (Spain)

**Intro:** 48 Counts

**Seq.:** 32-32-32-Tag 4c / 32-32-32-Tag 4c / 32-32-32-Tag 4c / 16.

**WALKS FORWARD (RLR), TOUCH L, WALKS BACKWARD (LRL), TOUCH R**

1-4 3 Steps forward R+L+R, Touch L toe beside RF

5-8 3 Steps backward L+R+L, Touch R toe beside LF

**½ STEP TURN L, STEP R FWD, HOLD, ½ STEP TURN R, STEP L FWD, HOLD**

9-12 RF Step forward, pivot ½ turn left, RF Step forward, Hold

13-16 LF Step forward, pivot ½ turn right, LF Step forward, Hold

**VINE RIGHT ENDING CROSS L, SIDE ROCK-STEP R, CROSS R OVER, HOLD**

17-20 RF side Step, cross LF behind RF, RF side Step, cross LF over RF

21-24 RF side Step, recover on LF, RF cross over LF, Hold

**VINE LEFT END. CROSS R, SIDE ROCK-STEP L, CROSS L OVER, HOLD**

25-28 LF side Step, cross RF behind LF, LF side Step, cross RF over LF

29-32 LF side Step, recover on RF, LF cross over RF, Hold

**Start Again**

**Tag:** 4x BUMPS R-L-R-L

1-4 RF side step and Bump to the right, to the left, to the right, to the left.

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