

# One Day

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Gino Valcalcer (IT) & Maria Rao (IT) - February 2021

**Musique:** One Day - Josh Melton



## START DANCING ON LYRICS

### SEC 1: VAUDEVILLE x2 (LEFT AND RIGHT)

- 1-2 Cross right over left - step left side slightly back
- 3-4 Touch right heel diagonally forward right - step right beside left
- 5-6 Cross left over right - step right side slightly back
- 7-8 Touch left heel diagonally forward left - step left beside right

### SEC 2: ROCKING CHAIR - STEP FWD - ½ TURN LEFT - JUMPING L ROCK STEP BACK

- 1-2 Rock right forward - recover to left
- 3-4 Rock right back - recover to left
- 5-6 Step right forward - ½ turn left (weight on right)
- 7-8 Jumping Rock Back On Left And Kick Right Forward - recover to right

### SEC 3: WEAVE - POINT - KICK - HOOK - KICK - FLICK

- 1-2 Cross left over right - step right side
- 3-4 Cross left behind right - point right side
- 5-6 Kick right forward - hook right over left
- 7-8 Kick right forward - flick right back

### SEC 4: STEP LOCK STEP - L SCUFF - L STEP PIVOT ¼ TURN RIGHT - L STEP CROSS - SCUFF

- 1-2 Step right forward - lock left behind right
- 3-4 Step right forward - scuff left beside right
- 5-6 Step left forward - ¼ turn right (weight on right)
- 7-8 Cross left over right - scuff right beside left

## REPEAT

**\*1° RESTART** at the Home wall After 8 counts (section 1) of the 5th repetition (12.00)

**\*\*2° RESTART** at the Home wall After 24 counts (section 3) of the 10th repetition (12.00)

**FINAL** at the 4th wall At the 14th repetition, 24th count replace FLICK with STOMP R FWD (3.00)

Last Update - 12 March 2021