

Antonio's Dance

Compte: 64

Mur: 2

Niveau: Improver

Chorégraphe: Nanny NS (INA) - February 2021

Musique: Antonio's Song (The Rainbow) - Michael Franks



Phrasing : A A, B B, A A, B B, A A, B B, A A A A*(only 16 counts)

Counts A = 32 , B = 32 , NO Tags or Restart

Intro = 32 counts

A.1. Point Rf, R Hitch Coaster Step, Walk L Walk R, Shuffle L R L,

- 1 - 2 Point Rf to side Right, Hitch Rf close to Lf
- 3 ↯ & 4 : Step Rf backward, Step LF together Rf, Step Rf forward
- 5 - 6 Walk Lf forward, Walk Rf forward
- 7 & 8 Step Lf Forward, Lock Rf behind Lf, Step Lf Forward

A.2. Rock R Forward, ½ Turn L forward, Shuffle R L R , Rock L Forward ½ turn R forward , Rock L turn ¼ R

- 1 - 2 Rock Rf Forward , ½ turn L Lf forward (06.00)
- 3 & 4 Step Rf forward, Lock Lf behind Rf, Step Rf Forward
- 5 - 6 Rock Lf forward, ½ turn R Rf forward (12.00)
- 7 - 8 Step Lf forward, ¼ turn R step Rf to side R (03.00)

A.3. Cross L, Hitch R , Hiproll R, Step, Hitch L , Hiproll L

- 1 - 2 Cross Lf over R, Hitch Rf (01.30)
- 3 - 4 Touch Rf diagonal (weight on Lf) while push right hip roll clockwise (03.00)
- 5 - 6 Step Rf on place , Hitch Lf (04.30)
- 7 - 8 Touch Lf diagonal (weight on Rf) while push left hiproll counterclockwise (03.00)

A.4. Step L, Jazz Box Cross ¼ turn R , Step R, Hold, Sway R L

- 1 - 2 Step Lf to side L , Cross Rf over Lf
- 3 - 4 ¼ turn R step L Back ,Step R to R side (06.00)
- 5 - 6 Cross Lf over Rf, Hold
- 7 - 8 Step Rf to side R while push hip sway R, sway L

B.1. Side, Together, Shuffle R L R, Side, Together, Shuffle L R L

- 1 - 2 Step Rf to R side, Step Lf close to R,
- 3 & 4 Step forward Rf, Lock Lf behind Rf, Step forward Rf
- 5 - 6 Step Lf to L side, Step Rf close to L
- 7 & 8 Step forward Lf, Lock Rf behind Lf, Step Forward Lf

B.2. Cross, Side, Behind, Sailor, Behind, Side, Cross

- 1 - 2 Cross Rf over Lf, Step Lf to Left.
- 3 - 4 Step Rf Behind Left, Sweep Lf from Front to Back
- 5 - 6 Step Lf behind Rf, Step Rf to side R
- 7 - 8 Cross Lf over Rf, Hold

B.3. Prissy walk, Hold, Slow Side Right Rock with hip sway

- 1 - 2 Cross Rf forward, Hold
- 3 - 4 Cross Lf forward, Hold
- 5 - 6 Rock R side (hip), recover on left (hip)
- 7 - 8 Step Rf together, Hold

B.4. Slow Side left Rock with hip sway, Pivot ¼ turn L 2x

- 1 - 2 Rock F side (hip), recover on Right (hip)

- 3 - 4 Step Lf together, hold
- 5 - 6 Step Rf forward ,¼ turn left (changing weight on Lf)
- 7 - 8 Step Rf forward, ¼ turn left (changing weight on Lf)

Happy Dancing !!
NNS

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