

Hello My Friend

Compte: 96

Mur: 2

Niveau: Phrased Intermediate



Chorégraphe: Els de VOS (NL) & Dimitar Petrov (BUL) - February 2021

Musique: Koita Re File (feat. Yiannis Kotsiras) - Vaggelis Machairas

Dance : A, tag 1, B, B, A, tag 1, B, B, B, B 21-32 ending

Ending: Step hitch, shuffle fwd, rockstep Pose.....

PART A: 64 counts

STEP R FWD, HITCH L SHUFFLE L FWD, ROCK R FWD, SHUFFLE BACK, SIDE ROCK BEHIND SIDE CROSS, SIDE ROCK, STEP R FWD 1/2 TURN L THIS PART 2X

WEAVE, CROSS, CROSS SHUFFLE, STEP R FWD 1/4 TURN RIGHT, WALK R,L FWD, TRIPLE STEP R,L,R, WALK BACK R,L, TOUCH R BACK 1/4 TURN R. THIS PART 2X

1,2,3&4 Step R fwd, hitch L, shuffle L fwd ,

5,6,7&8 Rock step R fwd, recover, shuffle back R

1,2,3&4 Side rock L, recover R, step L behind R, step R right, step L across R.

5,6,7,8 Side rock R, recover L, step R fwd 1/2 turn L.

These steps 2x

1,2,3,4 step R right, cross L over , step R right , step L behind.

5,6&7&8& step R right, cross L over R, step R right, cross left over R, step R right, cross L over R, 1/4 turn right step R fwd

1,2,3&4 Step L fwd, step R fwd, triple step L,R,L

5,6,7,8 Step R back, step L back, touch R back, turn 1/4 right.

These steps 2x

TAG 1 (sirtaki)

1,2,3,4 Step R right, step L behind, Step R right , kick L fwd

5,6,7,8 Step L left, step R behind, step L left, kick R fwd.

PART B: 32 counts

STEP RIGHT, CROSS OVER, STEP RIGHT, HEEL & HEEL , STEP NEXT, CROSS OVER, STEP SIDE, STEP HALF STEP . TOUCH FWD, TOUCH SIDE, SAILOR STEP, STOMP HOLD, STEP NEXT, STOMP HOLD, SHUFFLE BACK, SHUFFLE HALF, WALK 1/2 TURN LEFT

1,2,&3,&4,& Step R right, step L across , step R right, Heel L, step L next, heel R, step R next

5,6,7,&8 Step L fwd ,step R right, step L fwd, half turn R, step L fwd

This part 2x

1,2,3,&4 Touch R fwd, touch L left, step R behind L, step L left, step R right.

5,6,&7,8 Stomp L fwd, step R next, stomp.

1,&2,3,&4 Shuffle R back R,L,R, shuffle L 1/2 left fwd L,R,L.

5,6,7,8 Walk 1/2 turn left R,L,R,L.

ENDING

1,2,3,&4 step R fwd, hitch left, step L fwd, R next, step L fwd.

5,6 7 step R fwd, recover L, POSE.....

Enjoy

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