

# 15 Minutes

**Compte:** 32

**Mur:** 2

**Niveau:** Absolute Beginner



**Chorégraphe:** Marla Brandon (USA) - February 2021

**Musique:** 15 Minutes - Rodney Atkins

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## Heel, Hook, Heel, R and L

- 1, 2, 3, 4 Hit R heel, then hook the right leg over the left, then hit R heel and step back down next to left.
- 5, 6, 7, 8 Hit L heel, then hook the left leg over the right, then hit L heel and step back down next to right.

## K Step

- 1, 2 Step R to front corner, step L next to R
- 3, 4 Step L back to start, step R next to L
- 5, 6 Step R to back corner, step L next to R
- 7, 8 Step L back to start, step R next to L

## Vine R and L

- 1, 2, 3,4 Step R, step L behind R, step R, tap L in
- 5,6,7,8 Step L, step R behind L, step L, tap R in

## Monterey 2X to R

- 1& 2 Tap R foot to side, ¼ turn to R while pulling in leg
- 3&4 Tap L foot to side and bring in
- 5&6 Tap R foot to side, ¼ tun to R while pulling in leg
- 7&8 Tap L foot to side and bring in

**This is a very easy song that's lots of fun. Great for warm-ups and beginners alike.  
If any questions or comments please feel free to contact me at [marla\\_brandon@att.net](mailto:marla_brandon@att.net)**

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