

Shiftless

Compte: 56

Mur: 2

Niveau: Low Intermediate



Chorégraphe: Jim Ray (USA) - January 2021

Musique: Shiftwork (feat. George Strait) - Kenny Chesney

Hold 32 Start

FORWARD ROCK STEP, SHUFFLE BACK, ROCK STEP BACK, SHUFFLE FORWARD

- 1,2 Rock Right Forward, Shift Wt. Back To Left
- 3&4 Shuffle Back Right, Left, Right
- 5,6 Rock Left Back, Shift Wt. Forward To Right
- 7&8 Shuffle Forward Left, Right, Left

STEP RIGHT FORWARD, TURN A 1/4 LEFT, STEP RIGHT FORWARD TURN A 1/4 LEFT, STEP FORWARD RIGHT, LEFT, RIGHT, TOUCH LEFT TOGETHER

- 1,4 Step Right Forward Turn A 1/4 Left, Step Right Forward, Turn 1/4 Left
- 5,8 Step Right Forward, Step Left Forward, Step Right Forward, Touch Left Together

LEFT GRAPEVINE WITH A TURN 1/2 LEFT, BRUSH RIGHT, BOX STEP

- 1,4 Step Left, Cross Right Behind, Step Left Side Turning 1/2 Left And Brush Right Forward
- 5,6,7,8 Cross Right Over Left, Step Left Back, Step Right, Step Left Together

ROCK STEP, COASTER STEP, ROCK STEP COASTER STEP

- 1,2 Step Right Foot Forward, Shift Wt. Back To Left
- 3&4 Coaster Step, Step Right Back, Step Left Together, Step Right Forward
- 5,6, Step Left Foot Forward, Shift Wt. Back To Right
- 7&8 Coaster Step, Step Left Back, Step Right Together, Step Left Forward

HIP BUMPS , 2 RIGHT, 2 LEFT, RIGHT, LEFT, RIGHT, LEFT

- 1,2,3,4 Hip Bumps 2 To Right, Hip Bumps 2 To Left
- 5,6,7,8 Hip Bumps, Hips Right, Left, Right, Left

MONTEREY TURNS, 2 TIMES SECOND ONE ENDS WITH A TAP

- 1,2 Touch Right Toe To Right Side, Turn A 1/2 Turn Right And Step Right Together
- 3,4 Touch Left Toe To Left Side, Step Left Together
- 5,6 Touch Right Toe To Right Side, Turn A 1/2 Turn Right And Step Right Together
- 7,8 Touch Left Toe To Left Side, Tap Left Together

LEFT GRAPEVINE WITH A 1/2 TURN LEFT, AND BRUSH RIGHT FORWARD, JAZZ BOX

- 1,2 Step Left To The Left Side, Cross Right Behind Left
- 3,4 Step Left To The Left Side Turning A 1/2 Left And Brush Right Forward
- 5,6,7,8 Cross Right Over Left, Step Left Back, Step Right To Right, Step Left Together

(START OVER)

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