

# Pick Her Up

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Gianni Hook Valassi (IT) - January 2021

Musique: Pick Her Up (feat. Travis Tritt) (Radio Edit) - Hot Country Knights



Restart at 5° wall (dance 55 count - hold)

Restart at 7° wall after 8 count hold

## (1) KICK BALL CHANGE (X 2) / JAZZ BOX ¼ TURN

1&2 Kick right - step right - step left  
3&4 Kick right - step right - step left  
5-6 cross over right - step left back  
7-8 step right ¼ turn - together

## (2) JAZZ BOX ¼ TURN / SHUFFLE RIGHT / SHUFFLE LEFT

1-2 cross over right - step left back  
3-4 step right ¼ turn - step left forward  
5&6 step right forward - step left together - step right forward  
7&8 step left forward - step right together - step left forward

## (3) ROCK BACK / TOE STRUT ½ TURN (X3)

1-2 step right forward - recover  
3-4 toe right ½ turn - drop heel  
5-6 toe left ½ turn - drop heel  
7-8 toe right ½ turn - drop heel

## (4) IN IN OUT OUT / JAMPING JACK / ½ TURN / HOLD

1-2 heel left forward - heel right forward  
3-4 step left back - step right back  
5-6 jump / jump cross right  
7-8 ½ turn - hold

## (5) STEP LOCK STEP DIAGONAL (X2)

1-2 step right diagonal forward - cross behind left  
3-4 step right diagonal forward - scuff  
5-6 step left diagonal forward - cross behind right  
7-8 step left diagonal forward - scuff

## (6) ROCKING CHAIR DIAGONAL (X 2 hopping)

1-2 step right diagonal forward - recover  
3-4 step right diagonal back - recover  
5-6 step right diagonal forward - recover  
7-8 step right diagonal back - cross over left

## (7) ROCK STEP BACK (X 2 hopping) / STOMP / SWIVEL RIGHT (X3)

1-2 step right back - recover  
3-4 step right back - recover  
5-6 stomp right - swivel right  
7-8 swivel right - swivel right

## (8) JAZZ BOX LEFT / KICK / STEP BACK / BUMP

1-2 cross over left - step right back  
3-4 step side left - stomp up

5-6 Kick high right - step right back  
7-8 bump left - hold

---