

# Doin 180

**COPPER** KNOB  
BY SHEETS

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Donna Manning (USA) - January 2021

Musique: Doin' 180 - Eric Von : (Amazon and iTunes)



## (1-8) Stomp, Heel-toe-heel, Stomp, Clap 3x (knee, hip, shoulder)

- 1, 2-3-4 Stomp L to L diagonal, move R to L moving heel, toe, heel towards the L  
5, 6-7-8 Stomp R to R diagonal, clap hands 3x (styling - start at knee level, hip level, shoulder height)  
(12:00 - body angled to 1:30)

## (9-16) REPEAT 1st 8

## (17-24) Cross Rocking Chair, Charleston

- 1,2,3,4 Rock L across the R, replace weight to R, rock back on the L, replace weight to R  
5,6,7,8 Step L fwd, kick R to diagonal, step R back, touch L back (12:00)

## (25-32) Weave, Cross, Bounce ½ R

- 1,2,3,4 Cross L over R, step R to R side, step L behind R, step R to R side  
5,6,7,8 Cross L over R, on the balls of both feet bounce ½ R taking weight to L on count 8 (6:00)

## (33-40) Side, Kick, Weave, Kick, Behind, Side

- 1,2,3,4,5 Step R to R side, kick L outside diagonal, step L behind R, R to R side, cross L over R  
6,7,8 Kick R to outside diagonal, step R behind L, step L to L side (6:00)

\*\*\*the 4th time you start up front\*\*\*\* replace count 8 with a TOUCH (touch L next to R) RESTART - you will be facing the back when it happens

## (41-48) Back Rock, Recover, ½ Turn L, Pause, Back Rock, Recover, ½ Turn R, Together

- 1-2, &3-4 Rock back on R, recover to L as you make ½ turn L stepping back R, pause  
5-6&7-8 Rock back on L, recover to R as you make ½ turn R, step back on L, bring R to L taking weight to R (6:00)

End of DANCE!!! Thanks so much! HAVE FUN!

Donna Manning - [Donnaz.mkgal@gmail.com](mailto:Donnaz.mkgal@gmail.com) - 727-485-7448  
[www.marykay.com/dmanning4182](http://www.marykay.com/dmanning4182)