One Goodbye

Niveau: Beginner

Compte: 32 Chorégraphe: Siggi Güldenfuß (DE) - May 2019

Musique: One Goodbye - Randall King

Note: The dance begins after 16 counts shortly after the singing starts (by the worth "road").

Section: Rock Step, Side Rock, Coaster Step, r./l.

1&	RF step forward, slightly raise the LF and weight back onto LF
2&	RF step to the right, slightly raise the LF and weight back onto LF

- 3&4 RF step back, LF next to RF, RF step forward
- 5& LF step forward, slightly raise the RF and weight back onto RF
- 6& LF step to the left, slightly raise the RF and weight back onto RF
- 7&8 LF step back, RF next to LF, LF step forward

Section: Side, Behind, Side, Cross, Scissor Cross r./l.

- RF step to the right, cross LF behind RF 1&
- 2& RF step to the right, cross LF in front of RF
- 3&4 RF step to the right, LF next to RF, cross RF in front of LF
- 5& LF step to the left, cross RF behind LF
- 6& LF step to the left, cross RF in front of LF
- 7&8 LF step to the left, RF next to LF, cross LF in front of RF

Section: Step ¼ Turn, Cross, Step Back with ¼ Turn, Side Step with ¼ Turn, Cross, Side, Close, Step, Touch, Side, Touch, Side, Touch

- 1&2 RF step forward, ¼ turn to the left (than weight on LF), cross RF in front of LF (9 o'clock)
- 3&4 LF step back with ¼ turn to the right, RF step to the right with ¼ turn to the right, cross LF in front of RF (3 o'clock)
- 5& RF step to the right, LF next to RF
- 6& RF step forward, tap LF next to RF
- 7& LF step to the left, tap RF next to LF
- 8& RF step to the right, tap LF next to RF

Section: Side, Close, Back, Touch, Monterey with ¼ Turn, Swivet re., li., Kick, Kick, Back Rock

- 1& LF step to the left, RF next to RF
- 2& LF step back, RF next to LF
- 3& tap right toe to the right, RF next to LF with 1/4 turn to the right (6 o'clock)
- 4& tap left toe to the left, LF next to RF
- 5& turn right toe to the right, at the same time turn the left heel to the left, turn back both
- 6& turn left toe to the left, at the same time turn the right heel to the right, turn back both
- 7& kick RF forward 2 x
- 8& RF step back, slightly raise the LF and weight back onto LF

Tag: Step, Close, Back, Back, Close, Step

- 1&2 RF step forward, LF next to RF, RF step back
- 3&4 LF step back, RF next to LF, LF step forward

Dance the tag after the 1st and the 5th walls!

Dance, Have Fun & Smile!





Mur: 4