The Good Ones

Niveau: Improver

Chorégraphe: Sara Magli (IT) - December 2020 Musique: The Good Ones - Gabby Barrett

Dance begin after 16 counts

Compte: 48

Side, side, close, step, step, side, hold, together, cross, side

123&4 step L to L side, transfer weight back on R, L close to R, R step in place, step L forward 56&78 large step to R, hold (drag L towards R), L close to R, R cross over L, step L side

Back, ronde, back, ronde, coaster, forward, forward

- 12 step R back (sweeping L backwards anti-clockwise) 34 step L back (sweeping R backwards clockwise)
- 5&6 step R back, L close to R, step R forward
- 78 step L forward, step R forward

Forward, turn, forward, turn, forward, forward, turn, side

- 12 step L forward, turn ¹/₂ right stepping fwd on R
- 34 step L forward, step R forward turning 1 (full turn) on left
- 5678 L forward, R forward turning 3/4 right, finish on R foot

Cross, side, cross shuffle, full turn+1/8 rolling left

- 123 cross L over R, step R side, step back on L
- 4&5 cross R over L, step L to L side, cross R over L
- 678 turn ¼ L stepping L fwd, make ½ turn L stepping back on R, turn ½ L stepping L to L side (finish in diagonal)

(*)Rock fwd, back, coaster step, rock fwd, back, coaster step

- 123&4 Rock R diagonal fwd, transfer weight back on L, R back, L close to R, R forward
- 567&8 Rock L diagonal fwd, transfer weight back on R, L back, R close to L, L forward

(*) attention: this part is not included in the 3rd sequence

Rock fwd, back, R fwd turning 3/8 on R, forward, forward turning ½ L, back, coaster step

- 12 Rock R diagonal fwd, transfer weight back on L
- 34 step R forward turning 3/8 R, step L forward
- 5 step R foward turning 1/2 L
- 6 step L back on L diagonal
- 7&8 rock R back, close L to R, step R forward

During the 3rd sequence, restart after 40 counts [must avoid this part (*)]

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Mur: 1