

Come on, Get with it!

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Ursula Traffelet (CH) - November 2020

Musique: That's Rock 'n' Roll - Billie Joe Armstrong : (Album: That's Rock 'n' Roll)



Dance starts directly

[1-8] Elvis Knees

- 1,2 RKnee in, weight is on left, Hold
- 3,4 Change weight on right and LKnee in, Hold
- 5,6 Change weight on left and RKnee in, change weight on right and LKnee in
- 7,8 Change weight on left and RKnee in, Hold

[9-16] Grapevine right, Grapevine left ¼ turn left, brush

- 1,2 RF Step to right side, LF cross behind right
- 3,4 RF Step to right side, touch LF next to right
- 5,6 LF Step to left side, RF cross behind left
- 7,8 1/4 turn left LF step, brush RF

[17-24] R Triple Fwd, ½ Step Turn, ½ Triple Turn l, Rock back r

- 1&2 RF Step Fwd, LF Step together, RF Step Fwd (09:00)
- 3,4 LF Step Fwd, turn ½ right (weight on RF) (03:00)
- 5&6 LF Step Fwd ¼turn right, RF Step Together ¼ turn right, LF Step back (09:00)
- 7,8 RF step back, weight recover to LF

[25-32] R Step Turn, Step Turn, Rock Step side, Back step

- 1,2 RF Step ½ turn left (weight on LF)
- 3,4 RF Step ½ turn left (weight on LF)
- 5,6 RF Step to right, weight recover to LF
- 7,8 RF Step back, weight recover to LF

Start again and enjoy the dance

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