

It's Ok

Compte: 32

Mur: 2

Niveau: Improver



Chorégraphe: Bubba Jones (USA) - October 2020

Musique: OK Not to Be OK (Duke & Jones Remix) - Marshmello, Demi Lovato & Duke & Jones

#16 Count Intro

Kick forward R, Kick R ¼ turn R, Coaster Step RLR, Rock Recover L, R, Shuffle 1/2turn L, LRL

- 1-2 Kick R Forward, Kick R ¼ R
- 3 & 4 Coaster Step - RLR
- 5 -6 Rock L Forward Recover Back R
- 7 & 8 Shuffle ½ Turn L, LRL

Cross Step, Sailor Step X2

- 1 - 2 Cross R over L, Step L to L Side
- 3 & 4 Sailor Step, RLR
- 5 - 6 Cross L over R, Step R to R Side
- 7 & 8 Sailor Step, LRL

Heel Grind Turn ¼ R, Coaster Step RLR, Shuffle Forward, LRL then RLR

- 1 - 2 R Heel Tap on Floor then twist heel to R ¼ turn R
- 3 & 4 Coaster Step RLR
- 5 & 6 Shuffle Forward, LRL
- 7 & 8 Shuffle Forward, RLR

Jazz Box ¼ L X2

- 1 - 4 Jazz Box ¼ L, LRLR
- 5 - 8 Jazz Box ¼ L, LRL Touch R

START OVER

Contact: Bubba Jones - Bubbabonds69@gmail.com