

Power Of Ladies

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Khansa & Khansa (INA) - September 2020

Musique: Hey Ladies - Rossa



Intro music 40 counts , start dance on vocal

Sect 1 WALK FORWARD, KICK, WALK BACK, TOUCH

- 1 - 4 Walk forward on R - L - R - kick L forward
5 - 8 Walk back on L - R - L - touch R beside L

Sect 2 MONTEREY ¼ TURN RIGHT (2X)

- 1 - 2 Touch R to side - turn ¼ right step R beside L (3.00)
3 - 4 Touch L to side - step L beside R
5 - 6 Touch R to side - turn ¼ right step R beside L(6.00)
7 - 8 Touch L to side - step L beside R

Sect 3 CROSS, SIDE, BEHIND, FLICK

- 1 - 2 Cross R over L - step L to side
3 - 4 Step R behind L - flick L back (body angle diagonal)
5 - 6 Cross L over R - step R to side
7 - 8 Step L behind R - flick R back(body angle diagonal)

Sect 4 JAZZ BOX ¼ RIGHT TURN , DIAGONAL STEP TOUCH

- 1 - 2 Cross R over L - turn ¼ right, step L back(9.00)
3 - 4 Step R to side - step L forward
5 - 6 Step R diag forward - touch L beside R
7 - 8 Step L back to centre - touch R beside L

TAG : after wall 6, do the 4 counts V-step

- 1 - 4 out - out - in - in

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