

# Contigo Tengo Feeling

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Bente Lindtner (NOR) - September 2020

Musique: Contigo Tengo Feeling - GABIFUEGO & Astrid S



## Section1: R toe, L heel, R toe, L heel, rock to right, rock to left

- 1&2& Touch R toe next to LF, step RF in place, touch L heel fw, step LR next to RF  
3&4& Touch R toe next to LF, step RF in place, touch L heel fw, step LR next to RF  
5-6 & Rock RF to right, recover weight on LF, ball step RF next to LF  
7-8 & Rock LF to left, recover weight on RF, ball step LF next to RF

## Section2: Rock right recover, behind side cross, Rock left recover, ¼ Sailor turn

- 1-2 Rock RF right, recover weight on LF  
3&4 Cross RF behind LF, step LF left, Cross RF in front of LF  
5-6 Rock LF left, recover weight on RF  
7&8 Turn ¼ left stepping LF back, Step RF next to LF, Step FW on LF

## Section3: Step ¼ turn L with flick, Rocking chair, Repeat

- 1-2 Step FW on RF, turn ¼ L on ball of LF while flicking RF behind  
3&4& Rock RF diagonally forward left, recover weight on LF, Rock RF diagonally back to right  
5-8 repeat 1-4&

(easier option - skip flick)

## Section4: Walk half circle left, mambo right mambo left

- 1-4 Step RF forward, turn ¼ left stepping LF forward, step RF forward, turn ¼ left stepping LF forward (try to make this seem like walking a half circle)  
5&6 Rock RF to R, Recover weight on LF, Step RF next to LF  
7&8 Rock LF to L, Recover weight on RF, Step LF next to RF

Repeat and enjoy.

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