

# With Heart And Soul (aka Cilla and Dusty)!

**COPPER** KNOB  
STEPSHEETS

Compte: 32

Mur: 2

Niveau: High Beginner

Chorégraphe: Claire Bell (UK), Rob Fowler (ES) & I.C.E. (ES) - September 2020

Musique: Heart and Soul (with Dusty Springfield) - Cilla Black



**Intro: 24 counts from heavy beat (approx. 22 secs) start on the lyric "back"**

**S1: Step, Lock, Step, Mambo ½ Turn, Hitch, ½ Turn, Hitch, Coaster Cross, Side Rock, Recover**

1&2 Step forward on right, lock left behind right, step forward on right  
3&4& Rock forward on left, recover weight on right, ½ turn left stepping forward on left, hitch right  
5& ½ turn left stepping back on right, hitch left  
6&7 Step back on left, step right next to left, cross left over right slightly  
8& Rock right to right side, recover weight on left 12.00

**RESTART 1 During Wall 4, restart here facing 6.00**

**S2: Behind, Side, Cross, Kick, Behind, Side, Cross, Kick, Jazz Box ¼ Turn Cross**

1&2& Step right behind left, step left to left side, cross right over left, kick left on left diagonal  
3&4& Step left behind right, step right to right side, cross left over right, kick right on right diagonal  
5,6 Cross right over left, step back on left making ¼ right  
7,8 Big stride stepping right to right side, cross left over right 3.00

**S3: Rumba Box, Back Mambo, Scissor Step ¼ Turn**

1&2 Step right to right side, step left next to right, step forward on right  
3&4 Step left to left side, step right next to left, step back on left  
5&6 Rock back on right, recover weight on left, step forward on right  
7&8 Step left to left side, step right next to left, step forward on left making ¼ turn right 6.00

**RESTART 2: During Wall 7, restart here facing 12.00**

**S4: Run Forward x3, Hitch, Run Back x3, Kick, Back, Kick, Back, Kick, Coaster, Step Forward**

1&2& Run forward on right, left, right, hitch left  
3&4& Run back on left, right, left, kick right forward  
5&6& Step back on right, kick left forward, step back on left, kick right forward  
7&8& Step back on right, step left next to right, step forward on right, step left slightly forward 6.00

**Start Over**