

As Long

Compte: 32

Mur: 2

Niveau: Novice B - Smooth (NCTS)

Chorégraphe: Jettie Feenstra - August 2020

Musique: As Long as There's a Heartbeat - Tanya Tucker : (BPM 80 Pitch Down)



Official WCDF competition dance description 2020

Counter Clockwise

STEP SWEEP, CROSS, SIDE, X2, ¼ TURN L, ½ STEP TURN L, ¼ TURN L, BASIC

- 1 RF Step forward - LF Sweep forward
- 2 LF Cross over
- & RF Step R
- 3 LF Step backwards - RF Sweep backwards
- 4 RF Cross behind
- & LF Step L
- 5 RF ¼ Turn L, step forward (9.00)
- 6 LF ½ Turn L, step forward (3.00)
- 7 RF ¼ Turn L, step R (12.00)
- 8 LF Step together
- & RF Cross over

1/8 TURN L, BACKWARDS, ¼ TURN L, CROSS, HALF DIAMOND, SWAY 2X

- 9 LF 1/8 Turn L, step forward (10.30)
- 10 RF Step backwards
- & LF ¼ Turn L, step together (7.30)
- 11 RF Cross over
- 12 LF ¼ Turn L, step forward (4.30)
- & RF 1/8 Turn L, step R (3.00)
- 13 LF 1/8 Turn L, step backwards (1.30)
- 14 RF Step backwards
- & LF 1/8 Turn L, step L (12.00)
- 15 RF Step R
- 16 LF Step L

KICK 2X, ¼ TURN R, ½ PIVOT TURN R 2X, SWEEP, SIDE, BACKWARDS, ¼ TURN L CROSS

- 17 RF Kick forward
- 18 RF Kick R
- 19 RF ¼ Turn R, step forward (3.00)
- 20 LF ½ Turn R, step backwards (9.00)
- 21 RF ½ Turn R, step forward (3.00) LF Sweep forward
- 22 LF Cross over
- & RF Step R
- 23 LF Step backwards
- 24 RF ¼ Turn L, cross behind (12.00)

¼ TURN L, SWEEP, CROSS, BACKWARDS, ¼ TURN R, RUN 3X, BATTEMENT, BACKWARDS, ¼ TURN L 2X, TOUCH

- 25 LF ¼ Turn L, step forward (9.00) RF Sweep forward
- 26 RF Cross over
- & LF Step backwards
- 27 RF ¼ Turn R, step forward (12.00)
- 28 LF Step forward

& RF Step forward
29 LF Step forward - RF Lift backwards, straight leg
30 RF Step backwards
31 LF ¼ Turn L, step L (9.00)
32 RF ¼ Turn L, touch together (6.00)

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