

# No More Lonely

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Dwi Soediono (INA) & Imam Wahyudi (INA) - August 2020

**Musique:** No More Lonely - David Ball



**#2X Restart on wall 3 & 7 after 2 counts facing (12:00)**

**Start on vocals - Intro: 32 counts**

## **S.I: SYNCOPATED TOE STRUT, SYNCOPATED ROCKING CHAIR, TRIPLE FWD, 1/4 PIVOT RIGHT, CROSS**

- 1 Touch RF toe in place
- & Drop RF heel
- 2 Touch LF toe in place
- & Drop LF heel
- 3 Step RF fwd
- & Recover on LF
- 4 Step RF back
- & Recover on LF
- 5 Step RF fwd
- & Step LF next to RF
- 6 Step RF fwd
- 7 Step LF fwd
- & Make 1/4 pivot turn Right
- 8 Cross LF over RF (weight on LF)

## **S.II: SYNCOPATED HEEL SWITCH, SIDE TOUCHES, ROCK STEP, 1/4 RIGHT CHASSE**

- 1 Touch RF heel fwd
- & Step RF next to LF
- 2 Touch LF heel fwd
- & Step LF next to RF
- 3 Touch RF toe to Right side
- & Bring RF beside LF
- 4 Touch LF toe to Left side
- & Bring LF beside RF
- 5 Step RF fwd
- 6 Recover on LF
- 7 Make 1/4 turn Right step RF to Right side
- & Close LF beside RF
- 8 Step RF to Right side

## **S.III: SYNCOPATED SIDE TOUCH, SYNCOPATED HALF RUMBA BOX FWD**

- 1 Step LF to Left side
- & Touch RF toe beside LF
- 2 Step RF to Right side
- & Touch LF toe beside RF
- 3 Step LF to Left side
- & RF together
- 4 Step LF fwd
- 5 Step RF to Right side
- & Touch LF toe beside RF
- 6 Step LF to Left side

& Touch RF toe beside LF  
7 Step RF to Right side  
& LF together  
8 Step RF fwd

**S.IV: SYNCOPATED SIDE ROCK CROSS X2, COASTER STEP, SYNCOPATED ROCKING CHAIR**

1 Step LF to Left side  
& Recover on RF  
2 Cross LF over RF  
3 Step RF to Right side  
& Recover on LF  
4 Cross RF over LF  
5 Step LF back  
& Step RF next to LF  
6 Step LF fwd  
7 Step RF fwd  
& Recover on LF  
8 Step RF back  
& Recover on LF (weight on LF)

**Begin again... Enjoy - Keep Smiling**

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