

# Astaga

Compte: 64

Mur: 4

Niveau: Phrased High Beginner

Chorégraphe: Arra (INA) - July 2020

Musique: Astaga - Ruth Sahanaya



Tag : 8 count

Sequence : AA B(16) TAG A B A A (16) B (16) B B B

Intro : 32 count / on lyric

## PART A

### A1: BACK WALK – COASTER STEP – MAMBO CROSS L/R

1-2 step RF back - step LF back  
3&4 step RF back – step LF beside RF – step RF forward  
5&6 step LF to L side – recover on RF – cross LF over RF  
7&8 step RF to R side - recover on LF – cross RF over LF

### A2: FORWARD SHUFFLE – MAMBO TURN ¼ L – RHUMBA BOX

1&2 step LF forward – step RF behind LF – step LF forward  
3&4 step RF forward – turn ¼ L weight on LF – cross RF over LF  
5&6 step LF to L side – step RF beside LF – step LF forward  
7&8 step RF to R side – step LF beside RF – step RF back

### A3: BACK MAMBO – R CHASSE – DOUBLE TOUCH – SAILOR TURN L

1&2 step LF back – recover on RF – step LF forward  
3&4 step RF to R side – step LF beside RF – step RF to R side  
&5&6 touch LF beside RF – touch LF to L side – touch LF beside RF – touch LF to L side  
7&8 cross LF behind RF ¼ turn L – step RF to R side – step LF in place ( facing : 06.00)

### A4: FORWARD MAMBO – BACK MAMBO – V STEP

1&2 step RF forward – recover on LF – step RF back  
3&4 step LF back – recover on RF – step LF forward  
5-6 step RF diagonal out – step LF diagonal out  
7-8 step RF diagonal in – step LF diagonal in

## PART B

### B1 : TOE STRUT – HEEL JACK STEP

1&2&3&4& RF point beside LF – drop RF - LF point beside RF – drop LF – RF point beside LF – drop RF – LF point beside RF – drop LF  
5&6&7&8& cross RF over LF – step LF to L side – heel RF – step RF to R side – cross LF over RF – step RF to R side – heel LF – step RF to R side

### B2 : REPEAT B1

### B3: CHASSEE R/L – SAILOR STEP R/L

1&2& step RF to R side – step LF beside RF – step RF to R side – touch LF beside RF  
3&4 step LF to L side – step RF beside LF – step LF to L side  
5&6 cross RF behind LF – step LF to L side – step RF in place  
7&8 cross LF behind – step RF to R side – step LF in place

### B4: CHASSE R/L – PIVOT ¾ TURN L

1&2& step RF to R side – step LF beside RF – step RF to R side – touch LF beside RF  
3&4 step LF to L side – step RF beside LF – step LF to L side  
5-6 step RF forward – ½ turn L weight on L

7-8 step RF forward – ¼ turn L weight on L

**TAG**

**FORWARD MAMBO – BACK MAMBO – PIVOT ½ TURN L**

1&2 step RF forward – recover on LF – step LF back

3&4 step LF back – recover on RF – step LF forward

5678 step RF forward – ½ turn l weight on LF – step RF forward – ½ turn l weight on LF

**Note : Part A (16) at 8 count : touch RF beside LF**

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