

Lost Love (我有一段情)

Compte: 64

Mur: 4

Niveau: Improver / Intermediate



Chorégraphe: Chor Hoong (SG) - July 2020

Musique: Wo You Yi Duan Qing (我有一段情) - Han Bao Yi (韓寶儀)

Intro: 16 counts (start on vocals)

Section 1: Rock L forward, recover, step L, hold, Rock R back, recover, step R, hold

- 1 Rock L forward
- 2 Recover R
- 3 Step L to left
- 4 Hold
- 5 Rock R back
- 6 Recover L
- 7 Bring R to right
- 8 Hold

Section 2: ½L-turn, with L crossed over R, stepping forward with hold, ½R-turn, with R crossed over L, stepping forward with hold

- 1 Cross L over (& close to) R
- 2 ½L-turn, recover R (6:00)
- 3 Step L forward
- 4 Hold
- 5 Cross R over (& close to) L
- 6 ½R-turn, recover L (12:00)
- 7 Step R forward
- 8 Hold

Section 3: Cross rock L over R, recover, open, hold, Cross rock R over L, recover, open, hold

- 1 Rock L over R
- 2 Recover R
- 3 Step L left
- 4 Hold
- 5 Rock R over L
- 6 Recover L
- 7 Step R right
- 8 Hold

Section 4: L & R Side-close-side-hold :: Optional: L& R Cuban rocks

- 1 Recover L :: 1 Rock L, with hip sway
- 2 Close R to L :: 2 Recover R, with hip sway
- 3 Step L left :: 3 Recover L, with hip sway
- 4 Hold & settle L-hip :: 4 Hold and settle hip to left
- 5 Recover R :: 5 Rock R, with hip sway
- 6 Close L to R :: 6 Recover L, with hip sway
- 7 Step R right :: 7 Recover R, with hip sway
- 8 Hold & settle R-hip :: 8 Hold and settle hip to right
- 32 c OPTIONAL Restart at Wall 3, facing 6:00

Section 5: Hand-to-hands

- 1 ¼L-turn, pivoting on R, rocking L back (9:00)
- 2 Recover R

- 3 ¼R-turn, pivoting on R, stepping L left (12:00)
- 4 Hold
- 5 ¼R-turn, pivoting on L, rocking R back (3:00)
- 6 Recover L
- 7 ¼L-turn, pivoting on L, stepping right R (12:00)
- 8 Recover L

Section 6: Sliding Doors

- 1 Rock R back
- 2 Recover L
- 3 ¼L-turn, R-toes pointing in front of L, R-knee bent (9:00)
- 4 ¼R-turn, swivelling on R, bringing L to left of R (12:00),
- 5 Rock L
- 6 Recover R
- 7 Rock L back
- 8 Hold

Section 7: Repeat Section 6 - Sliding Doors

Section 8: Coaster with ½R-turn into a ¼L-turn (3:00)

- 1 Close R to L
- 2 Recover R
- 3 Step L forward
- 4 Hold
- 5 ½R-turn, swivelling on L, rocking back on R (6:00)
- 6 Recover L
- 7 ¼L-turn, bringing R right (3:00)
- 8 Hold

With Restart:

Wall 1 facing 12:00 Verses 1 & 2

Wall 2 facing 3:00 Verse 3

Wall 3 facing 6:00 Short wall with a 32c Restart Music interlude (No vocals)

Wall 4 facing 6:00 Verse 3

Without Restart:

Wall 1 facing 12:00 Verses 1 & 2

Wall 2 facing 3:00 Verse 3

Wall 3 facing 6:00 Music interlude + 1st-half of Verse 3

Wall 4 facing 9:00 2nd-half of Verse 3

Contact: ch@tqmconsultancy.com
