

# Woke Up This Morning

**COPPER KNOB**  
STEPPERS

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: Betty Fagen - May 2020

Musique: Woke Up This Morning - Alabama 3



Optional: Stayin' Alive by Bee Gees

Intro: 16 Counts - No Tags Or Restarts

## WALK, WALK, SHUFFLE STEP, STEP BACK, BACK, SHUFFLE STEP

1,2, R forward walk, L forward walk

3&4 R shuffle step forward (r,l,r)

5,6 L step back R step back

7,8 L shuffle step back (l,r,l)

## SIDE ROCK, CROSS & CROSS, SIDE ROCK, TURNING SAILOR STEP

1,2 R side rock/recover

3&4 R cross over L, R cross over L

5,6 L side rock/recover

7&8 Left 1/4 turn sailor step, (L behind R, R side step, step side left)

## STEP POINT, STEP POINT, STEP BACK, BACK, BACK, BACK

1,2 R step forward, L point to side left

3,4 L step forward, R point to side right

5,6 R step back, L step back

7,8 R step back, L step back

## SIDE ROCK CROSS, SIDE ROCK CROSS, TWO PIVOT TURNS

1&2 R side rock recover, cross right foot front of left

3&4 L side rock recover, cross left foot front of right

5,6 R 1/8 pivot to left

7,8 R 1/8 pivot to left

Start Again

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