

So Long

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Tya Paw (INA) - July 2020

Musique: So Long - Massari : (Official video)



Start : 8 Count - No tag no restart

S1. BOTAFOGO, FORWARD MAMBO, COASTER STEP

1&2 Cross R over L - ROCK L to side - Replace on R
3&4 Cross L over R - Rock R to side - Replace on L
5&6 Rock R forward - Recover on L - Step R together
7&8 Step L back - R together - L forward

S2. DIAMOND SHAPE TURN 1/4 RIGHT, WEAVE, BOTA FOGO

1&2 Cross R over L - Turn 1/8 Right step L to side - Step R back
3&4 Cross L behind R - Turn 1/8 right step R to side - Step L forward (03.00)
5&6& Cross R over L - Step L to side - Cross R behind L - Step L to side
7&8 Cross R over L - Rock L to side - R in place

S3. SWITCH TOUCHES , BOTAFOGO, SAILOR STEP

1-2 Touch L forward - Touch L to side
3&4 Cross L over R - Rock R to side - Replace on L
5&6 Cross R behind L - Step L to side - Step R to side
7&8 Cross L behind R - Step R to side - Step L to side

S4. FORWARD SHUFFLE, TURN 1/2 FORWARD SHUFFLE, ROCKING CHAIR, TURN 1/2 LEFT WITH FLICK

1&2 Step R forward - Step L together - Step R forward
3&4 Turn 1/2 left step L forward - Step R together - Step L forward (09: 00)
5&6& Rock R forward - Recover on L - Rock R back - Recover on L
7-8 Step R forward - - Turn 1/2 left and flick R back (03.00)

Enjoy the dance

Contact : tyapaw@yahoo.com