

# Be Kind to the One You LOVE ..

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Val Saari (CAN) - July 2020

**Musique:** Be Kind - Marshmello & Halsey



**Begin after 8 counts**

## **BALL ROCK-STEP BACK/RECOVER LF, MAMBOS FWD/BACK, PRISSY WALKS RLR**

- &1 Rock quickly back on ball of RF (&), Recover LF
- 2&3 Rock forward on RF, Recover LF, Step back on RF
- 4&5 Rock back on LF, Recover RF, Step LF forward
- 6-7-8 Cross RF over left, pointing R toes left, Cross LF over right, pointing LF toes right (7), Cross RF over left, pointing R toes left

## **KICK TWICE, COASTER STEP, CROSS UNWIND 1/2 L, HEEL TWISTS RL**

- 1-2 Kick LF forward twice
- 3&4 Step LF back, Close RF beside L, Step LF forward
- 5-6 Cross RF over L, Unwind 1/2 turn left
- 7-8 Twist heels right, Twist heels left

## **VINE RIGHT, SYNCOPATED SCISSORS, LINDY LEFT 1/4 R**

- 1-2 Step RF to right side, Step LF behind R
- 3&4 Rock RF to right side, Recover LF, Cross RF over left
- 5&6 Shuffle left (LRL)
- 7-8 Rock back on RF Pivot 1/4 R, Recover on LF

## **V-STEP, STEP-TURN 1/4 LEFT TWICE**

- 1-2 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)
- 3-4 Step RF back to centre, Step LF together
- 5-6 Step RF forward, Turn 1/4 left (weight on left)
- 7-8 Step RF forward, Turn 1/4 left (weight on left)

**No tags, no restarts**

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