

# Easy-Going Mood

**COPPER** **KNOB**  
BY SHEETS

**Compte:** 40

**Mur:** 1

**Niveau:** Absolute Beginner

**Chorégraphe:** Helaine Norman (USA) - June 2020

**Musique:** In the Mood - Glenn Miller



**Intro:** 14 seconds

**Note:** I choreographed this specifically for a new Absolute Beginner class I teach on Zoom with senior students who have never danced and can not see me when they turn to 6:00

## I. SHUFFLES X 2

1-4 Step R forward, step L together, step forward, touch L together

5-8 Step L forward, step R together, step L forward, touch R together

**Options for 4 and 8:** brush or hold

## II. STEPS BACKWARD X4

1-4 Touch R back and drop R heel (with weight); touch L toe back and drop L heel (with weight)

5-8 Repeat 1-4

**Optional for 1-8:** Toe Struts backward

## III. STEP TOUCHES

1-4 Step R side, touch L together; step L side. Touch R together

5-8 Step R side, step L together, step L side, touch R together

**Optional for 1-4:** Sway R 2 counts, sway L 2 counts

## IV. STEP TOUCHES

1-4 Step R side, touch L together; step L side. Touch R together

5-8 Step R side, step L together, step L side, touch R together

**Optional for 1-4:** Sway L 2 counts, sway R 2 counts

## V. ¼ TURN JAZZ BOX

1-4 Step R over L, step L back

5-8 Step R side making ¼ turn right, step L together (3:00)

## VI. 1/4 L TURN TOUCH STEP X 4

**Options for 1-8:**

1-4 Touch R side and step R together making 1/8 turn left; touch L side and step L together making 1/8 turn left.

5-8 Repeat 1-4 (12:00)

**Repeat**

**Note:** I chose to have no restarts since there could be many and it is an AB level.

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