

Patient Little Rumba

Compte: 64

Mur: 4

Niveau: Beginner / Improver



Chorégraphe: Yovana Russell (CAN) - May 2020

Musique: Gotta Be Patient - Michael Bubl , Barenaked Ladies & Sof a Reyes

RUMBA BOX

- 1-4 Step Right foot to (R) side, step left foot next to right foot, Step right foot forward, bring left foot forward besides right
- 5-8 Step Left to (L) side, step right foot beside left, step left back, Hold

CROSS ROCK BACK, ROCK STEP FRWD, CROSS ROCK BACK, HOLD

- 1-4 Cross/rock right behind left, recover to left, rock right forward/diagonal, recover to left
- 5-8 Cross/rock right behind left, recover to left, step right foot besides left, hold

RUMBA BOX

- 1-4 Step left foot to (L) side, step right foot next to left foot, Step left foot forward, bring right foot forward besides left
- 5-8 Step right to (R) side, step left foot beside right, step right foot back, Hold

CROSS ROCK BACK, ROCK STEP FRWD, CROSS ROCK BACK, HOLD

- 1-4 Cross/rock left behind right, recover to right, rock left forward/diagonal, recover to right
- 5-8 Cross/rock left behind right, recover to right, step left foot besides right, hold

CROSS ROCK, ROCK STEP, CROSS ROCK, ROCK STEP, SIDE, CROSS, SWEEP

- 1-4 Cross/rock right over left, recover to left, cross/rock right over left, sweep left to right side
- 5-8 Cross/rock left over right, recover to right, cross/rock left over right, hold, sweep right cross left

JAZZ BOX x2

- 1-4 Cross right over left, step left back, step right forward, turn   right and step left together
- 5-8 Cross right over left, step left back, step right forward, right and step left together

ROCKING CHAIR (X2),

- 1-4 Rock R forward, Recover onto L, Rock R back, Recover onto L
- 5-8 Rock R forward, Recover onto L, Rock R back, Recover onto L

SWAY LEFT, RIGHT, LEFT RIGHT

- 1 – 4 Sway hips right, sway hips left
- 5 – 8 Sway hips right, sway hips left

Tag & Restart on 3rd Wall or 9 o'clock

TAG with a Mambo Frwd (R) foot. Restart