

# Older Ladies Anthem

Compte: 18

Mur: 2

Niveau:

Chorégraphe: Orsola Amoroso (UK) - April 2020

Musique: Older Ladies - Donnalou Stevens



## **SIDE, BEHIND & HEEL & CROSS, ½ HINGE TURN RIGHT, CROSS SHUFFLE**

- 1-2 Step right to side, Step left behind right.  
&3&4 Step onto right, Dig left heel fwd, Step left beside right, Cross right over left.  
5-6 Step ¼ turn right back onto left, Step ¼ turn right stepping right to right side.  
7&8 Cross left over right, Step right to right side, Cross left over right.

## **SIDE ROCK, ¾ TRIPLE TURN RIGHT. HEEL SWITCHES, TAP.**

- 1-2 Rock right to right side, Recover weight onto left.  
3&4 Triple ¾ turn right stepping right, left, right.  
5&6 Dig left heel forward, replace next to right, Dig right heel forward.  
&7&8 Replace right next to left, Dig left heel forward, Replace left next to right. Tap right in place next to left.

## **HIP BUMPS RIGHT X 2**

- 1-2 Bump hips to right, Bump hips to right.

**On walls. 3, 7 & 12 Restart the dance after the heel switches and tap.**

**Tag at end of Walls 4 & 9**

## **JAZZBOX CROSS**

- 1-2 Cross right over left, Step left back  
3-4 Step right to right side, Cross left over right.

**TagWalls 8 & 14**

## **CHASSE RIGHT, BACK ROCK, CHASSE LEFT, BACK ROCK**

- 1&2 Step right to right side, Close left beside right, Step right to right side.  
3-4 Rock back onto left, Recover weight onto right.  
5&6 Step left to left side, Close right beside left, Step left to left side.  
7-8 Rock back onto right, Recover weight onto left.

## **STEP ½ PIVOT, STEP ½ PIVOT, JAZZBOX CROSS**

- 1-2 Step right forward pivot ½ turn left,  
3-4 Step right forward pivot ½ turn left.  
5-6 Cross right over left, Step back left  
7-8 Step right to right side. Cross left over right.

**On wall 14. Dance 1 full tag. On wall 15 dance tag up to step ½ pivots. The music then pauses then finish dances on chasse right, back rock, chasse left, back rock Strike a pose and smile! .....Have fun, best of luck.....The end!**