# Standing On The Promises

Niveau: Easy Intermediate

Chorégraphe: OMG (AUS) - April 2020

Musique: Standing On the Promises - Alan Jackson : (Album: 'Precious Memories')

## (Music available on Amazon & iTunes)

#### Start on Lyrics after 8 count in

Compte: 32

#### [1-8] SIDE SHUFFLE, HOLD, TOE X 2

- 1&2,3,4 Side shuffle to the right step R,L,R, Hold, Tap L toe behind R
- 5&6,7,8 Side shuffle to the left step L,R,L, Hold, Tap R toe behind L

## [9 - 16] SHUFFLE 1/2 TURN BACK, HOLD, TOE; WALK 3 FORWARD, TOE

- 1&2,3,4 Shuffle step 1/2 turn left R,L,R, Hold, Tap L toe behind (6.00)
- 5,6,7,8 Walk forward L,R,L, Tap R toe behind

## [17 - 24] SLOW 1/4 TURN, CROSS, HOLD ; SLOW 1/4 TURN , FORWARD, HOLD \*

- 1,2,3,4 Step forward R, 1/4 turn left, Cross R over L, Hold (3.00)
- 5,6,7,8 Step L to side, 1/4 turn right, Step forward L, Hold (6.00)

## [25 - 32] CROSS ROCK, SIDE, HOLD ; COASTER, TOE \*\*

- 1,2,3,4 Step R over L, Rock back onto L, Step R to side, Hold
- 5,6,7,8 Step back L, R beside L, Step forward L, Tap R toe behind

#### RESTART

\*PAUSE ~ On WALL 2 & 4 (facing front) at Count 24 stand still while he holds onto singing the word 'standing' then resume at Count 25

\*\*ENDING ~ At Count 24 on WALL 4 (facing front) Music slows down
Slowly dance Count 25- 28 then
[29 – 32] COASTER, RIGHT SIDE / DRAG
5,6,7,8 Step back L, R beside L, Step forward L, Big step R to right side, Slide L towards R

Standing on the promises ~ Although short at 1.35 mins. it teaches a lot Change of rhythm ; Pausing and of course the ending at the Front Remember you don't have to be religious to enjoy great music and a fine voice

## LOOK OUT FOR 'PRECIOUS MEMORIES' MEDLEY ... COMING SOON !





**Mur:** 2