

# Break My Heart

**COPPER** KNOB  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Improver / Intermediate



**Chorégraphe:** Jlynn Meyer (USA) - April 2020

**Musique:** Break My Heart - Dua Lipa

**Dance starts after 16ct**

**Point R Toe, Point L Toe, R Heel Forward, Step Back R, L, Body Roll Step Back R, L, Body Roll Rock R Behind Recover L.**

- 1-3 Point R toe out to R side, point L toe out to L side, place your R heel forward  
&4 Step your R foot back to meet your L (&) then L foot back (4)  
5&6 Roll body back(5) while stepping R foot back to meet L (&) and then step L foot back (6)  
7&8 Roll body back (7) rocking back on R foot (&) to recover onto L (8)  
**(\*Restart here on wall 6 after 8 count. \*Can style with a full body roll for 7&8 instead of rocking back)**

**Shuffle Forward R, L, R, Rock L ¼ Turn, Behind Side Cross, Point R Toe**

- 1 & 2 Shuffle forward R-L-R  
3-4 Step L foot forward with ¼ turn over R shoulder and place weight on R foot  
5&6 Cross L behind R, step R out to the side and cross L in front of R  
7-8 Point R toe out to the R side then bring R foot back in, stepping onto R foot

**¼ Turn Rock, Recover, Cross Behind, L Heel Jack, Heel Switches, Touch R Toe, Kick R Heel Fwd, Touch L Toe**

- 1&2 Make a ¼ turn over R shoulder while rocking L foot out to the L side(1), recover on R foot (&) and cross L behind R (transfer weight onto L) (2)  
&3 Step out to the R (&) and jack L heel up on (3),  
&4 Step down onto L foot (&) switch to R heel up (4)  
&5 Step down onto R foot (&) switch to jack L heel up (5),  
&6 Step down on L foot (&) and touch R toe next to L foot (6)  
7&8 Kick R heel forward (7), step down on R foot (&) and touch L toe next to R foot (8)

**Kick L Heel Fwd, R Toe, R Heel Fwd, L Toe, Rock L Forward, ¾ Turn Shuffle L, R, L**

- 1&2 Kick L heel forward, step down on left foot, touch R toe next to L foot  
3&4 Kick R heel forward, step down on right foot, touch L toe next to right foot  
5-6 Rock forward on L foot, recover onto R  
7&8 Make ¾ turn shuffle over left shoulder (counterclockwise) L-R-L

**\*Tag on wall 11 after count 32. Song starts to slow down where there is a 4-count pause (can do spin, hold or whatever you want) then begin the dance again.**