

Stay the F**K Home

Compte: 32

Mur: 4

Niveau: High Improver

Chorégraphe: Alessandro Boer (IT) - April 2020

Musique: Stay Home - Big & Rich



Start dancing almost immediately, after the word "stay"

HEEL GRIND, 1/4 TURN COASTER STEP, ROCK STEP, 1/2 TURN SHUFFLE FWD

- 1-2 Touch right heel forward, rotate right point from inside to outside*
3&4 Right step back, close left next to right turning 1/4 to left, right step forward (9:00)
5-6 Step left forward, recover on right*
7&8 Left step forward turning 1/2 to left, step right forward, step left forward (3:00)

***(only on the refrain: during the heel grind and the rock step, after the song says "stay", you can add some styling pushing your hands forward like you're stopping someone)**

1/2 TURN BACK SHUFFLE, 1/2 TURN SHUFFLE FWD, JAZZ BOX

- 1&2 Right step back turning 1/2 to left, step left back, step right back (9:00)
3&4 Left step forward turning 1/2 to left, step right forward, step left forward (3:00)
5-6 Cross right on left, step left back
7-8 Step right next to left, cross left on right*

***(only on the refrain: during the Jazz box, when the song says "to roam", you can add some styling moving your arms like you're walking)**

SIDE ROCK STEP, WEAVE, STOMP, FINGER SNAP, CROSS BEHIND, SIDE STEP, RIGHT POINT & FINGER SNAP

- 1-2 Right step to right side, recover on left
3&4 Cross right behind left, step left to left side, cross right on left
5-6 Stomp left to left side, Snap your finger keeping hands high
&7 Cross right behind left, step left to left side
8 Point right behind left and snap fingers keeping your hands low

1/4 TURN SHUFFLE FWD, POINT, SWIVEL X2, COASTER STEP, 1/2 TURN STEP BACK, 1/4 TURN SIDE STEP

- 1&2 Turning 1/4 to right, step forward right, left, right (6:00)
3-4 Point left forward, heels out, in
5&6 Left step back, close right next to left, left step forward
7-8 Right step back turning 1/2 left, Left step to left side turning 1/4 to left (9:00)

REPEAT and... STAY HOME :)