

# Gotta Keep Up

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Janet Cummings (USA) - February 2020

**Musique:** Keep Up - RaeLynn : (Album: Keep Up - 3:11)



**Intro: 24 Count - No Tags or Restarts - Pattern is Clockwise**

**SECTION 1: R SHUFFLE FORWARD, L SHUFFLE FORWARD, SKATE R, L, R, L**

1&2, 3&4      R Shuffle Forward (R, L, R); L Shuffle Forward (L, R, L);  
5, 6, 7, 8      Skate R, L, R, L

**SECTION 2: R REVERSE PIVOT, HOLD, OUT-OUT, HOLD; HEEL JACKS**

1, 2      R Toe Behind L Foot, Turn ½ Right Keeping Weight on R, Hold  
&3, 4      L/R Quickly Step out to Sides, Hold  
&5&6      R Step Back, L Heel Tap Forward (&5), L Step Center, R Toe Tap Back (&6)  
&7&8      R Step Back, L Heel Tap Forward, (&7), L Step Center, R Toe Tap Back (&8)

**SECTION 3: R CHASSE, BALL TURN ¼ RIGHT, STEP L, HOLD; TURN ¼ RIGHT-SHUFFLE FORWARD, BALL TURN ¼ RIGHT ON R, STEP L TO SIDE, HOLD**

1&2      R Side Shuffle/Chasse', (R, L, R)  
&3, 4      Ball Turn ½ Right on R Foot-Step L, Hold  
&5&6, &7, 8      L Ball Turn ¼ Right, Shuffle Forward (R, L, R), R Ball Turn ¼ Right-L Step to Side, Hold

**SECTION 4: R SAILOR STEP, L ¼ TURN SAILOR; R POINT TO SIDE, RETURN, L POINT TO SIDE, RETURN, R HEEL TAP FORWARD, RETURN, L HEEL TAP FORWARD, RETURN**

**NOTE: Move Back Slightly on each Heel Return.**

1&2, 3&4      R Step Behind L, L Step to Side, R Step in Place; L Step Behind R-Turn ¼ Left, R Step to Side, L Step in Place  
5&6&      R Toe Point to Side, Return (5&), L Point to Side, Return (6&)  
7&8&      R Heel Tap Forward, Return (7&), L Heel Tap Forward, Return (8&)

**Contact:** [jcumplings246@aol.com](mailto:jcumplings246@aol.com)