

In The Bayou

Compte: 48

Mur: 4

Niveau: Low Intermediate

Chorégraphe: Michelle Neese (USA) - March 2020

Musique: In the Bayou - Laine Hardy



****2 RESTARTS:**

During Wall 3 Facing 6 o Clock, Dance First 16, Restart Dance Facing 3 o Clock Wall

During Wall 6 Facing 9 o Clock, Dance First 16, Restart Dance Facing 6 o Clock Wall

Note: At the 3 minute mark fade the music to end the dance.

WALK, WALK, ANCHOR STEP, COASTER STEP, ¼ PIVOT STEP

- 1-2 Step forward Right (1), Step forward Left (2)
3&4 As you angle your body to face right, step ball of right foot behind left (3), step left in place (&), step right slightly back as you straighten to face forward (4)
5&6 Step left back (5), step right together (&), step left forward (6). (12:00)
7-8 Step forward on right (7), pivot ¼ step to left (8). (9:00)

2X VAUDEVILLES, RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD

- 1&2& Cross right over left (1). Step diagonally back left on left turning body diagonally to the right (&). Touch right heel diagonally forward to the right (2). Step right next to left (&).
3&4& Cross left over right (3). Step diagonally back right on right & turn body diagonally to the left (&). Touch left heel diagonally forward to the left (4). Step Left next to right (&)
5&6 Step forward right (5), close left beside right (&), step forward right (6).
7&8 Step forward left (7), close right beside left (&), step forward left (8). (9:00)

RIGHT FORWARD ROCK RECOVER, ½ SHUFFLE TURN, LEFT FORWARD ROCK RECOVER, COASTER STEP

- 1-2 Rock forward on right foot (1), recover to left (2)
3&4 Step back on right turning 1/4 turn to right (3), step left beside right (&), step forward on right turning ¼ turn to right (4). (3 o Clock)
5-6 Rock forward on left (5), recover to right (6)
7&8 Step back right (7), close left beside right (&), step forward right (8). (3 o Clock)

RIGHT HIP BUMP, LEFT HIP BUMP, HIP ROLLS

- 1&2 Bump hips right (1), back to center (&), right (2)
3&4 Bump hips left (3), back to center (&), left (4)
5-8 Roll hips counter clockwise 2 times (5,6,7,8)

VINE LEFT WITH 1/4 TURN LEFT, LEFT SAILOR ¼ LEFT, RIGHT TOE HEEL STRUT, LEFT TOE HEEL STRUT

- 1&2 Cross right behind left. step left to left side turning ¼ turn left. step right beside left. (12:00)
3&4 Cross left behind right. step right to right side ¼ turn left. step left beside right. (9:00)
5-6 Touch right toe forward, step on right
7-8 Touch left toe forward, step on left

CROSS UNWIND 1/2 TRN LT, ROCKING CHAIR,

- 1-4 Step ball of right foot across left (1) unwind ½ turn left for counts 2-3-4, leaving weight on left,
5-8 Rock Forward on right ft. Recover in place on left, Rock Back on right, Recover in place on left. (3:00)

Last Update – 10 March 2020

