

# Black Sheep (Phrased)

COPPER KNOB  
BY STEPHEN HAYES

Compte: 0

Mur: 2

Niveau: Phrased High Improver

Chorégraphe: Jen Oropeza (USA) - February 2020

Musique: Black Sheep - 8Track - Walker Hayes



16 count Musical Intro (4 bar)

Sequence: A BBB A BBB

## PART A

### R HEEL, TOE, HEEL, TOUCH, HEEL FAN 2X

- & Right heel out to side
- 1 Right toe crosses front
- & Right heel out to side
- 2 Right foot touches out to the side
- &3&4 Right heel fans (out-in-out-in)

### SIDE, CROSS, UNWIND, BOUNCE 3XS

- &5 Hop to right foot, Left foot crosses over right
- &6 ( $\frac{1}{2}$  turn clockwise) to unwind feet end apart facing opposite wall
- 7&8 Lift heels 3Xs to bounce booty (Right-Center-Left, can also be a smoother roll as a variation, skipping the bounces)

### L HEEL, TOE, HEEL, TOUCH, HEEL FAN 2X

- & Left heel out to side
- 9 Left toe crosses front
- & Left heel out to side
- 10 Left foot touches out to the side
- &11&12 Left heel fans (out-in-out-in)

### SIDE, CROSS, UNWIND, BOUNCE 3XS

**\*\*note this portion always turns right whether starting section A facing front or back**

- &13 Hop to right foot, Left foot crosses over right
- &14 ( $\frac{1}{2}$  turn clockwise) to unwind feet end apart facing opposite wall
- 15&16 Lift heels 3Xs to bounce booty (Right-Center-Left, can also be a smoother roll as a variation, skipping the bounces)

### ROCK RECOVERS – FORWARD CROSS, BACK OPEN, FROWARD CROSS, BACK OPEN, FORWARD CROSS, OPEN SIDE

- 17,18 Right rock crossing over Left to 11 o'clock diagonal, step Left in Place
- 19,20 Right rock open back to 5 o'clock diagonal, step Left in Place
- 21& (double time) Right rock crossing over Left to 11 o'clock diagonal, step Left in Place
- 22& (double time) Right rock open back to 5 o'clock diagonal (but pop up to Left heel open), step Left in Place
- 23& (double time) Right rock crossing over Left to 11 o'clock diagonal, step Left in Place
- 24 Step Right out to Right side open

### ROCK RECOVERS – FORWARD CROSS, BACK OPEN, FROWARD CROSS, BACK OPEN, FORWARD CROSS, OPEN SIDE

- 25,26 Left rock crossing over Right to 1 o'clock diagonal, step Right in Place
- 27,28 Left rock open back to 7 o'clock diagonal, step Right in Place
- 29& (double time) Left rock crossing over Right to 1 o'clock diagonal, step Right in Place

- 30& (double time) Left rock open back to 7 o'clock diagonal (but pop up to Right heel open), step Right in Place
- 31& (double time) Left rock crossing over Left to 1 o'clock diagonal, step Right in Place
- 32 Step Left out to Left side open

## **PART B**

### **SLAP KNEE, SLAP FOOT, SLAP SHIN, SHIN, KNEE, RELEASE**

- & (left hand to slap knee) Right knee comes up
- 1 Step right foot side
- & (right hand to slap sole) Left foot kicks behind right leg to slap sole of your boot
- 2 Step Left foot side
- &3 Balancing on left leg, Right Leg comes up bent (knee out first-slap left hand to inside of calf, then knee in-slap right hand to outside of calf)
- & Square right knee to 90 degree angle (place both hands on top of one another on top of knee)
- 4 (Hands press release) R leg kicks down to floor (right side)

### **DROP, POP UP, HIPS R, HIPS L**

- 5 Squat center (to the floor if mobility allows, \*slight dip for anyone with knee, hip, back, or ankle issues)
- 6 Pop up feet apart to recover
- &7 Slight dip, hips sit Right
- &8 Slight dip, hips sit Left

### **TRAVELING VINE RIGHT, SIDE HEEL**

- &9 Step Right foot side, Left step crosses front
- &10 Step Right foot side, Left step crosses back
- &11 Step Right foot side, Left step crosses front
- & Step Right foot side
- 12 Left heel to open side

### **TRAVELING VINE LEFT, SIDE, CROSS, UNWIND**

- &13 Step Left foot side, Right foot crosses front
- &14 Step Left foot to side, Right foot crosses back
- &15 Step Left foot to side, Right foot over front
- &16 Weight starts in the Left foot (½ turn counterclockwise) to unwind feet end apart facing opposite wall

**\*Modified Variation for anyone with mobility issues**

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Last Update – 2/21/2020

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