

# Rise

Compte: 48

Mur: 1

Niveau: Intermediate

Chorégraphe: Stefano Civa (IT) - April 2019

Musique: Rise (Sing It Loud) - Caroline Jones



**Start dancing after 16 counts**

## **ROCK STEP, HEEL SWITCHES, ROCK STEP ¼ RIGHT, SHUFFLE ½ LEFT**

- 1-2 Rock right fwd, recover to left
- &3&4& Step right back, heel left fwd, return, heel right fwd, return
- 5-6 Rock step left ¼ right, recover to right
- 7&8 Shuffle left ½ turn left (L,R,L)

## **STOMP 5/8 TURN LEFT, HOLD, COASTER STEP, KICK BALL CHANGE, ROCK STEP**

- 1-2 Stomp right 5/8 turn left (diagonal at 4:30), hold
- 3&4 Coaster step left
- 5&6 Kick ball change right
- 7-8 Rock step right fwd, recover to left

## **SHUFFLE 5/8 TURN RIGHT, ROCK SIDE ¼ RIGHT, WAVE, ROCK SIDE**

- 1&2 Shuffle right 5/8 turn right (R,L,R) (return at 12:00)
- 3-4 Rock left side ¼ turn right, recover to right
- 5&6 Cross left behind right, step right side, cross left over right
- 7-8 Rock right side, recover to left

## **ROCK BACK, ROCK SIDE ¼ TURN, ROCK BACK, SHUFFLE FORWARD**

- 1-2 Rock right back, recover to left
- 3-4 Rock right side ¼ turn left, recover to left
- 5-6 Rock right back, recover to left
- 7&8 Shuffle right fwd (R,L,R)

## **CHASSE' ¼ TURN RIGHT, CHASSE' ¼ TURN RIGHT, ROCK STEP, COASTER STEP**

- 1&2 Shuffle ¼ turn right (L,R,L)
- 3-4 Shuffle ¼ turn right (R,L,R)
- 5-6 Rock left fwd, recover to right
- 7&8 Coaster step left

## **CHASSE' ¼ TURN LEFT, CHASSE' ¼ TURN LEFT, ROCK STEP, COASTER SCUFF**

- 1&2 Shuffle ¼ turn left (R,L,R)
- 3-4 Shuffle ¼ turn right (L,R,L)
- 5-6 Rock right fwd, recover to left
- 7&8 Right Coaster step scuff

**REPEAT**

**TAG 1 = 22 counts**

**After 32 counts on the 2nd at 5th wall**

## **SLIDE ¼ TURN RIGHT X 4, ROCK STEP, COASTER STEP, STEP, SCUFF**

- 1-4 Slide left side ¼ turn right, i move my right foot with my left hand
- 5-8 Slide right side ¼ turn right, i move my left foot with my left hand
- 1-4 Slide left side ¼ turn right, i move my right foot with my left hand
- 5-8 Slide right side ¼ turn right, i move my left foot with my left hand
- 1-2 Rock step right, recover to left

3&4            Coaster step right  
5-6            step left forward, scuff right

**TAG 2 = 2 counts**

**After 18 counts on the 3rd, 6th, 8th wall**

**STEP, SCUFF**

1-2            Step left fwd, scuff right

**TAG 3 = 2 counts - After 30 counts on the 4th**

**STEP, STOMP**

1-2            Step right fwd, stomp left

**FINAL**

**ROCK STEP, COASTER STEP, STOMP**

45-46            Rock step right, recover to left

47&48            Coaster step right

1                Stomp left

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