

40 Days 40 Nights

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Lois Lightfoot (UK) - February 2020

Musique: 40 Days and 40 Nights - Tim McGraw : (Album: Not A Moment Too Soon)



#16 count intro

Tag at the end of wall 4 facing (12:00)

Sec 1: Right Dorothy, Left Dorothy, Rock recover, Shuffle ½ turn.

- 1-2& Step right foot diagonally forward, lock left behind right, Step right foot forward.
- 3-4& Step left foot diagonally forward, lock right foot behind, step left foot forward.
- 5-6 Rock forward onto right foot, recover weigh onto left foot.
- 7&8 Step right foot back making a shuffle ½ turn to right stepping Right, left, right.(6:00)

Sec 2: Rock forward, Recover & step back rocking back, Recover, Step pivot ¼ left, Cross shuffle.

- 9-10& Rock forward onto left Recover weight onto right & step Left foot next to right foot.
- 11-12 Rock back onto right foot, Recover weigh onto left foot.
- 13-14 Step right foot forward Pivot ¼ turn to left.(3:00)
- 15&16 Cross right over left Step left to eft side, cross right over left.

Sec 3: Vine Left with a Syncopated Cross Rock & Weave right with a ¼ turn Left.

- 17-18& Step left foot side, Cross right behind left & step left foot to side.
- 19-20& Cross Rock right foot over left foot, Recover weigh onto Left foot & Step Right to side.
- 12-22 Cross Left Over right, Step right foot to side.
- 23-24 Step left foot behind right foot, Step right to side making ¼ turn to right.(6:00)

Sec 4: Step left forward, Pivot ½ turn right, Shuffle forward, Shuffle ½ turn left, Sailors ¼ turn left.

- 25-26 Step left foot forward, Pivot ½ turn to the right. (12:00)
- 27&28 Step left foot forward, Lock step right behind left, step left foot forward.
- 29&30 Step right foot forward making a shuffle ½ turn to Left stepping Right, left, right.(6:00)
- 31&32 sweeping left behind right making ¼ turn left, step right foot to side, step left slightly to left. (3:00)

Have Fun & Start again

TAG: 16 count tag at the end of wall 4 facing 12 o Clock

- 1-2& Step right foot diagonally forward, lock left behind right, Step right foot forward.
- 3-4& Step left foot diagonally forward, lock right foot behind, step left foot forward.
- 5-6 Rock forward onto right foot, recover weigh tonto left foot.
- 7&8 Step right foot back making ½ shuffle turn to the right to face 6 o Clock

- 1-2& Step left foot diagonally forward, lock right foot behind, step left foot forward.
- 3-4& Step right foot diagonally forward, lock left behind right, Step right foot forward.
- 5-6 Rock forward onto left foot, recover weigh onto Right foot.
- 7&8 Step left foot back making ½ shuffle turn to left to face 12 o clock