

Nona Manis

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Abadi Haria (INA) - February 2020

Musique: Lagu Reggae Terbaru - NONA MANIS by Yudha Rafra



Intro : 32 Count

Section 1 : Side, Together, Side, Touch ; Side, Together, Side, Touch

1,2 Step RF to R, Close LF to RF
3,4 Step RF to R, Touch LF to RF
5,6 Step LF to L, Close RF to LF
7,8 Step LF to L, Touch RF to LF

Section 2 : Side, Together, Forward, Touch, Side, Together, Forward, Touch

1,2 Step RF to R, Close LF to RF
3,4 Step Forward RF, Touch LF to RF
5,6 Step LF to L, Close RF to LF
7,8 Step Forward LF, Touch RF to LF

Section 3 : Step Diagonal back & Touch R – L - R, Charleston

1,2 Step Back Diagonal RF, Touch LF to RF
3,4 Step Back Diagonal LF, Touch RF Next to LF
5,6 Touch RF Forward, Step RF Back
7,8 Touch LF back, Step LF Forward

Section 4 : Jazz Box 1/8, Jazz Box 1/8 Close

1.2 Cross RF Over LF, Step LF Back turn 1/8 Right
3.4 Step RF to R, LF Forward
5,6 Cross RF Over LF , Step L Back turn 1/8 Right
7,8 Step RF to R , Close LF to RF

No Tag, No Restart

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