

Rock & Ride

Compte: 32

Mur: 4

Niveau: Beginner +

Chorégraphe: Glynn Rodgers (UK) - February 2020

Musique: Get Ready (feat. Blake Shelton) - Pitbull



Count in: 32 Counts from main beat (Starts on Main Vocals) (Rotates Clockwise)

[1-8] Cross, Side, Hold & Side, Cross Rock, Chasse.

- 1-2 Cross right over left, step left to left side.
- 3&4 Hold, close right to left, step left to left side.
- 5-6 Cross rock right over left, recover weight on to left.
- 7&8 Step right to right side, close left to right, step right to right side.

[9-16] Cross, Side, Hold & Side, Cross Rock, Chasse ¼ Turn.

- 1-2 Cross left over right, step right to right side.
- 3&4 Hold, close left to right, step right to right side.
- 5-6 Cross rock left over right, recover weight on to right.
- 7&8 Step left to left side, close right to left, turn ¼ left stepping forward left.

[17-24] Heel & Heel & Pivot ¼ Turn, Heel & Heel & Pivot ¼ Turn.

- 1&2& Dig right heel forward, close right to left, dig left heel forward, close left to right.
- 3-4 Step forward right, pivot ¼ turn left.
- 5&6& Dig right heel forward, close right to left, dig left heel forward, close left to right.
- 7-8 Step forward right, pivot ¼ turn left.

[25-32] Walk Forward, Kick, Kick, Walk Back, Point, Point.

- 1-2 Walk forward right-left.
- 3-4 Kick right foot forward twice.
- 5-6 Walk back right-left.
- 7-8 Tap right toe out to right side twice.

Start again – no tags or restarts. Enjoy!
