

# Nyanda Mo Balaeng

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Yola Ireneous (INA) - February 2020

**Musique:** Nyanda Mo Balaeng by Tantowi Yahya



**#32 counts Intro . \*Restart on wall 4 after 16 counts**

## **I. HALF RUMBA BOX FWD, SWAY, HALF RUMBA BOX BACK, SWAY**

- 1 & 2 Step L to side – close R beside L – step L forward
- 3 – 4 Sway to right – sway left
- 5 & 6 Step R to side – close L beside R – step R back
- 7 – 8 Sway to left – sway right

## **II. BOTAFOGO L & R, JAZZBOX ¼ TURN LEFT**

- 1 & 2 Cross L over R – rock R to side – recover on L
- 3 & 4 Cross R over L – rock L to side – recover on R
- 5 – 8 Cross L over R – ¼ turn left step R back – step L to side – step R forward .... (9.00)

**\*(Restart on wall 4)**

## **III. LOCK SHUFFLE FWD , PIVOT ½ LEFT, LOCK SHUFFLE FWD, PIVOT ½ RIGHT**

- 1 & 2 Step L forward – lock R behind L – step L forward
- 3 – 4 Rock R forward – turn ½ left recover on L .....(3.00)
- 5 & 6 Step R forward – lock L behind R – step R forward
- 7 – 8 Rock L forward – turn ½ right recover on R .....(9.00)

## **IV. ROCKING CHAIR, FULL TURN LEFT**

- 1 – 4 Rock L forward – recover on R – rock L back – recover on R
- 5 – 8 Step L forward – turn ½ left step R back – turn ½ left step L forward – step R forward

**\*(Optional count 5-8 full turn left, just walk forward on LRLR)**

**Happy dancing !!!**

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