

Mary's Cha Cha

Compte: 0

Mur: 1

Niveau: Phrased Beginner / Improver



Chorégraphe: Mary Poh (SG) - January 2020

Musique: Jiu Huan Ru Meng (舊歡如夢) - Hacken Lee (李克勤)

#16 COUNT INTRO

PATTERN 1: BASIC CHA CHA (X4) , NEW YORK (X4)

1 2 3&4 Step forward on L, recover on R, cha cha back LRL
5 6 7&8 Step back on R, recover on L, cha cha forward RLR
9 – 16. Repeat steps 1 to 8

17 18 19&20 Cross L over R, recover on R, triple step LRL
21 22 23&24. Cross R over L, recover on L, triple step RLR
25 – 32 Repeat steps 17 to 24

PATTERN 2 : BASIC CHA CHA (X4), PIVOT ½ TURN CHA CHA FORWARD (X4)

1 – 16 Same steps 1 to 16 of Pattern 1

17 18 19&20. Step forward on L, pivot ½ right stepping on R, cha cha forward LRL
21 22 23&24 Step forward on R, pivot ½ left stepping on L, cha cha forward RLR
25 – 32 Repeat steps 17 to 24

PATTERN 3 : BASIC CHA CHA (X4) , PIVOT ½ RIGHT CHA CHA ½ TURN RIGHT, BACK, RECOVER FORWARD CHA CHA (X2)

1 -16 Same steps 1 to 16 of Pattern 1

17 18 19&20 Step forward on L, pivot ½ turn right stepping on R, continue ½ turning right stepping LRL, step back on R, recover on L, forward cha cha RLR
21 – 24 Repeat steps 17 to 20

PATTERN 4 : BASIC CHA CHA (X3) , BACK RECOVER ½ TURNING CHA CHA (X4), BACK, RECOVER, FORWARD CHA CHA

1 2 3&4 Step forward on L, recover on R, cha cha back LRL
5 6 7&8 Step back on R, recover on L, cha cha forward RLR
9 10 11&12 Step forward on L, recover on R, cha cha back LRL

13 14 15&16. Step back on R, recover on L, ½ turning left cha cha RLR
17 18 19&20. Step back on L, recover on R, ½ turning right cha cha LRL
21 – 28 Repeat steps 13 to 20
29 30 31&32. Step back on R, recover on L, cha cha forward RLR

PATTERN 5 : BASIC CHA CHA (X4) , PIVOT ½ TURN RIGHT, WALK, WALK, FORWARD CHA CHA, FORWARD, RECOVER

1 – 16 Same steps 1 to 16 of Pattern 1

17 18 19 20 Step forward on L, pivot ½ turn right stepping on R, walk forward L, R
21&22 23 24. Cha cha forward LRL, step forward on R, recover on L

BACK CHA CHA, BACK , RECOVER, WALK ,WALK, PIVOT ½ TURN RIGHT

25&26 27 28. Cha cha backward RLR, step back on L, recover on R
29 30 31 32. Walk forward L,R, step forward on L, ½ turning right step on R

PATTERN 6 : BASIC CHA CHA (X4) , SWAYS (X4)

1 – 16 Same steps 1 to 16 on Pattern 1

17 18 19 20 Turning ¼ right, step/sway L to left, sway R, sway L, turning ¼ right step down on R
21 22 23 24. Continue to turn ¼ right, step/sway L to left, sway R, sway L, turning ¼ right step down on R
25 to 32 Repeat steps 17 to 24

PATTERN 7 : BASIC CHA CHA (X4), CROSS WALKS CHA CHA (X4)

1 -16. Same steps 1 to 16 of Pattern 1

17 18 19&20. Moving slightly forward cross L over R, cross R over L, back cha cha LRL
21 22 23&24. Moving slightly backward cross R behind L, cross L behind R, forward cha cha RLR
25 – 32 Repeat steps 17 to 24

PATTERN 8 : BASIC CHA CHA (X4) , FLICK CROSS SIDE CROSS (X4)

1 -16 Same steps 1 to 16 of Pattern 1

17 18 19 20 Turning ¼ right flick L to left, cross L over R, step R to right, cross L over R
21 22 23 24. Flick R to right, cross R over L, step L to left, cross R over L
25 26 27 28 Flick L to left, cross L over R, step R to right, cross L over R
29 30 31 32 Flick R to right, cross R over L, step L to left, cross R over L

PATTERN 9 : TURN ¼ LEFT, BASIC CHA CHA (X4), CROSS, UNWIND FULL TURN TO RIGHT, STEP L TO LEFT AND POSE

1 -16. Turning ¼ to left , dance basic cha cha (i.e. same steps 1 to 16 of Pattern 1)
17 18 19 20 Cross L over R, unwind full turn right
21 Step L to left and Pose !!

ENJOY THE DANCE

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