

# Kickstart The Rhythm

**COPPER** KNOB  
BY STEPHEN METELNICK

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Alison Metelnick (UK) & Peter Metelnick (UK) - February 2020

**Musique:** Dance Again - Selena Gomez



**Start after 48 count intro – approx. 27secs – 112bpm – 2mins 50secs**

**Music Available: Amazon etc.**

**[1-8] R kick ball cross, ½ L hinge turn together, R/L switches, R side rock/recover**

- 1&2 Kick R forward, step R back, cross step L over R
- 3-4 Turning ¼ left step R back, turning ¼ left step L side (together) (6 o'clock)
- 5& Point R toes to right side, step R together
- 6& Point L toes to left side, step L together
- 7-8 Rock R to right side, recover weight on L

**[9-16] R cross rock/recover, R ball cross side, L sailor, ¼ R toaster**

- 1-2 Cross rock R over L, recover weight on L
- &3-4 Step R back, cross step L over R, step R side
- 5&6 Cross step L behind R, step R side, step L side
- 7&8 Cross step R behind L turning ¼ right, step L back, step R forward (9 o'clock)

**[17-24] L fwd kick, L tog, R toe touch, R tog, L heel ball step R fwd, L fwd, ¼ R pivot turn, cross L over R, R side, touch L heel to diagonal**

- 1& Kick L forward, step L together
- 2& Touch R toes behind left (or together), step R together
- 3&4 Touch L heel forward, step L back, step R forward
- 5-6 Step L forward, pivot ¼ right (12 o'clock)
- 7&8 Cross step L over R, step R side, touch L heel to left diagonal

**[25-32] L ball cross side, R behind/L side/R cross, L side rock/turning ¼ R recover R, ¼ R ball step, ¼ R ball step, L tog**

- &1-2 Step L back, cross step R over L, step L side
- 3&4 Cross step R behind L, step L side, cross step R over L
- 5-6 Rock L side, turning ¼ right recover weight on R (3 o'clock)
- &7 Step L together, turning ¼ right step R forward (6 o'clock)
- &8& Step L together, turning ¼ right step R forward, step L together (9 o'clock)

**TAG END OF WALL 6: Facing back wall (6 o'clock), ADD following 4 counts:**

**[1-4] Right rocking chair**

- 1-2 Rock R forward, recover weight on L
- 3-4 Rock R back, recover weight on L

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