

# Espreme

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Marja Urgert (NL) & Jan Van Tiggelen (NL) - February 2020

Musique: Espreme - Musical JM



## Intro: 16 Counts

### R Chasse, & Hitch with 1/4 Turn R, L Chasse, & Hitch with 1/4 Turn R, R Chasse, & Hitch with 1/4 Turn R, L Chasse, Hitch

- 1&2& RF. Step side (1) - LF. Close beside RF (&) - RF. Step side (2) - 1/4 Turn R lift L-knee (&) (3:00)
- 3&4& LF. Step side (3) - RF. Close beside LF (&) - LF. Step side (4) - 1/4 Turn R lift R-knee (&) (6:00)
- 5&6& RF. Step side (5) - LF. Close beside RF (&) - RF. Step side (6) - 1/4 Turn R lift L-knee (&) (9:00)
- 7&8& LF. Step side (7) - RF. Close beside LF (&) - LF. Step side (8) - RF. Lift R-knee (&)

### Coaster Step, Rock fwd, Recover, 1/2 Turn L, Step fwd, 1/4 Turn L Cross, Side Rock, Recover, Step fwd

- 1&2 RF. Step back (1) - LF. Step together (&) - RF. Step fwd (2)
- 3&4 LF. Rock fwd (3) - RF. Recover (&) - LF. 1/2 Turn L step fwd (4) (3:00)
- 5&6 RF. Step fwd (5) - 1/4 Turn L (&) - RF. Cross over LF (6) (12:00)
- 7&8 LF. Side rock (7) - RF. Recover (&) - LF. Step fwd (8) \*\*Restart Point\*\*

### Heel Grind with 1/4 Turn R, Back Rock, Recover X2, Step-Lock-Step Diagonal, Scuff X2

- 1&2& RF. Step fwd on heel turn toes from L to R (1) - LF. 1/4 Turn R step back (&) - RF. Back rock (2) - LF. Recover (&) (3:00)
- 3&4& RF. Step fwd on heel turn toes from L to R (3) - LF. 1/4 Turn R step back (&) - RF. Back rock (4) - LF. Recover (&) (6:00)
- 5&6& RF. Step diagonal R fwd (5) - LF. Lock behind RF (&) - RF. Step diagonal R fwd (6) - LF. Scuff fwd (&)
- 7&8& LF. Step diagonal L fwd (7) - RF. Lock behind LF (&) - LF. Step diagonal L fwd (8) - RF. Scuff fwd (&)

### Cross, Step Diag Back, Dig Heel Diag fwd, Step Together, Touch, Step Diag Back, Dig Heel Diag fwd, Step Together, Cross, Side, Behind & Cross

- 1&2 RF. Cross over LF (1) - LF. Step slightly diagonal L back (&) - RF. Dig heel diagonal R fwd (2)
- &3 RF. Step together (&) - LF. Touch toe beside RF (3)
- &4& LF. Step slightly diagonal L back (&) - RF. Dig heel diagonal R fwd (4) - RF. Step together (&)
- 5-6-7-8& LF. Cross over RF (5) - RF. Step side (6) - LF. Cross behind RF (7) - RF. Step side (8) - LF. Cross over RF (&) (6:00)

## Start Again

Restart: In the 1st, 4th, 7th and 10 wall after count 16 (12:00) Every time you start at 12:00

Contact: [marja42@kpnmail.nl](mailto:marja42@kpnmail.nl) / [co4ol72@kpnmail.nl](mailto:co4ol72@kpnmail.nl)