

Love Remedy

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Jan Gerrard (UK) - January 2020

Musique: Love Remedy - Roachford



S1: Rock recover, 1/2 Shuffle turn, step 1/4 Cross, step touch.

- 1 - 2 Rock fwd on R, Recover on L
- 3 & 4 Shuffle 1/2 turn R stepping RLR
- 5 & 6 Step fwd on L , turn 1/4 turn R stepping R to R side, Cross L over R
- 7 - 8 Step R to R side, Touch L by R

S2: Step L together R, shuffle fwd L , Step R together L, Shuffle Back R

- 1 - 2 Step L to L side, Step R next to L,
- 3 & 4 Shuffle fwd on L stepping LRL
- 5 - 6 Step R to R side, Step L next to R
- 7 & 8 Shuffle back on R stepping RLR

S3: 1/4 L, Cross R Over, Side behind, side rock rec, behind side cross, step

- 1 - 2 Turn 1/4 turn L stepping on L, Cross Rover L
- & 3 - 4 - 5 Left to left side, R behind L, Rock out L Rec R
- 6 & 7 - 8 L behind R, Step R to R side, Cross L over R, Step R to R side

S4: Toe Tap step x2, heel switches, step 1/4 turn

- 1 - 2 Tap L toe to L diagonal, step L next to R
- 3 - 4 Tap R toe to R diagonal, Step R next to L
- 5 & 6 & Tap L heel fwd, step L next to R, Tap R heel fwd, Step R next to L
- 7 - 8 Step fwd on L, Turn 1/4 R stepping R to R side

S5: Rock fwd rec, x2, Shuffle back, Rock back recover

- 1 - 2 & Rock fwd on L, Rec on R, Step L by R,
- 3 - 4 Rock fwd on R, Recover on L
- 5 & 6 Shuffle back on R, Stepping RLR
- 7 - 8 Rock back on L, Recover on R

S6: L side mambo, Heel switches R&L, Step Fwd, 1/4 turn L walk R, L (optional Full Turn Left)

- 1 & 2 Rock L to L side, Recover R, Step L next to R
 - 3 & 4 & Tap R heel fwd, Step R next to L, Tap L heel fwd, Step L next to R
 - 5 - 6 Step R fwd, Make 1/4 turn L stepping L fwd
 - 7 - 8 Walk Fwd R, L (optional full turn to Left)
-