

# Peaches & Cream

**COPPER KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Wendy Haggerty (USA) - January 2020

**Musique:** You're Sixteen You're Beautiful (And You're Mine) - Ringo Starr



## V STEP WITH ARMS

- 1-2 Step R foot forward diagonal right & put R arm up, hold
- 3-4 Step L foot forward diagonal left & put L arm up, hold
- 5-6 Step R foot back to center & cross R arm to L hip, hold
- 7-8 Step L foot back to center & cross L arm to R hip, hold

## ROCKING CHAIR, ¼ T HIP ROLLS

- 1-4 Rock R forward, recover onto L, rock R back, recover onto L
- 5-6 Step R forward, pivot 1/8 turn L, rolling hips counter-clockwise
- 7-8 Step R forward, pivot 1/8 turn L, rolling hips counter-clockwise (weight on L)

## STEP HOLD TOUCH HOLD, STEP HOLD TOUCH HOLD

- 1-2 Step R to right side, hold
- 3-4 Touch L beside R, hold
- 5-6 Step L to left side, hold
- 7-8 Touch R beside L, hold

## DOUBLE BUMPS R, DOUBLE BUMPS L, SINGLE BUMP R, L, R, L

- 1-2 Bump R hip forward 2x
- 3-4 Bump L hip back 2x
- 5-8 Bump hips R, L, R, L

**Enjoy and spice it up!**

**Contact choreographer:** [Whaggerty2016@gmail.com](mailto:Whaggerty2016@gmail.com)/[www.ZestYogaAndFitness.com](http://www.ZestYogaAndFitness.com)

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