

# Shallow

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Sophie Stevens (UK) - January 2020

Musique: Shallow - Lady Gaga & Bradley Cooper



Music available on iTunes and [www.amazon.co.uk](http://www.amazon.co.uk)

## #24 Count Intro

### S1: Rock back, Cross, Hold, Side Rock, Cross Sweep.

- 1, 2 Rock back on the Right, Recover Left,
- 3, 4 Cross Right over Left, Hold for count 4,
- 5, 6 Step Left to Left side, Recover onto Right,
- 7, 8 Cross Left over Right, Sweep Right over Left.

### S2: Weave Left, Cross Rock Recover, Quick Weave Right.

- 1, 2 Cross Right over Left, Step Left to Left side,
- 3, 4 Cross Right behind Left, Step Left to Left side,
- 5, 6 Cross Rock Right over Left, Recover Left,

#### (Quick Weave Right: Side, Cross, Side, Behind, Side)

- & 7 & 8 & Step Right to Right side, Cross Left over Right, Step Right to Right side, Cross Left behind Right, Step Right to Right side.

### S3: Walk, Hitch, Walk, Hitch, Rock Recover, Step Sweep.

- 1, 2 Step forward Left, Hitch Right,
- 3, 4 Step forward Right, Hitch Left,
- 5, 6 Rock forward Left, Recover back Right,
- 7, 8 Step forward Left, Sweep Right over Left.

### S4: Forward Tap, Back Tap, Step Sweep, Forward Tap.

#### (On the Left Diagonal)

- 1, 2 Step forward Right, Tap Left beside Right,
- 3, 4 Step back Left, Tap Right beside Left,
- 5, 6 Step forward Right, Sweep Left over Right,

#### (Straighten up to front)

- 7, 8 Step forward Left, Tap Right beside Left.

### S5: Back, Sweep, Back, Sweep, Rock Back Recover, Full Turn, Step.

- 1, 2 Step back Right, Sweep Left from front to back,
- 3, 4 Step back Left, Sweep Right from front to back,
- 5, 6 Rock back Right, Recover forward Left,
- & 7, 8 Full Turn Left stepping forward Right, Left, Step forward Right.

### S6: Step, Hitch, Back, Hook, Step, Sweep ¼ Turn, Cross, Side.

- 1, 2 Step forward Left, Hitch Right,
- 3, 4 Step back Right, Hook Left over Right,
- 5, 6 Step forward Left, Sweep Right over Left ¼ Turn Left,
- 7, 8 Cross Right over Left, Step Left to Left side.

### S7: Behind, Hold, Side, Cross, Hold, Quick Weave Left.

- 1, 2 Cross Right behind Left, Hold on count 2,
  - & 3, 4 Step Left to Left side, Cross Right over Left, Hold on count 4,
- #### (Quick Weave Left: Side, Behind, Side, Cross, Side, Behind, Side)
- & 5 & 6 Step Left to Left side, Cross Right behind Left, Step Left to Left side, Cross Right over Left,

& 7, 8            Step Left to Left side, Cross Right behind Left, Step Left to Left side.

**S8: Sway 1,2,3, Hold 4, Cross unwind, Side.**

1, 2            Sway Right, Sway Left,

3, 4            Sway Right, Hold count 4,

5, 6            Cross Left over Right, Unwind turning Right,

7, 8            Step Left to Left side.

**Restart: One restart on wall 2 after count 16.**

**Ending: The dance ends at the front wall after the sweeps back.**

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