

Mandale

Compte: 32

Mur: 4

Niveau: Easy Intermediate

Chorégraphe: Tya Paw (INA) - November 2019

Musique: Mandale - Kamaleon : (Album: Mandale - Belive Music)



Intro: 16 Count

S1. CHASSE TO RIGHT, BOTA FUGO, DIAMON SHAPE 1/4 TURN RIGHT

- 1 & 2 Step R to side - Step L together - Step R to side.
- 3 & 4 Cross L over R - Rock R to side - Recover on L
- 5 & 6 Cross R over L - Turn 1/8 R step L to side - Step R back
- 7 & 8 Cross L behind R - Turn 1/ 8 R step R to side - Step L forward.

S2. SAMBA WHISK TO THE RIGHT & LEFT, SKATE R,L,R,L

- 1&2 Step R to side - Rock L behind R - Recover on R.
- 3 & 4 Step L to side - Rock R behind L- Recover on L
- 5 - 8 Skate R forward - Skate L forward - Skate R forward - Skate L forward

S3. BACK SHUFFLE RIGHT - LEFT, UNWIND 1/2 TURN RIGHT, TOGETHER, HEELS TWIST

- 1 & 2 Step R back - Step L together - Step R back.
- 3 & 4 Step L back Step R together - Step L back.
- 5 - 6. Touch R back - - Turn 1/2 right
- 7 & 8 Step L together - Heels twist to right - Heels twist to left

S4. CROSS SHUFFLE RIGHT & LEFT, SIDE, TOUCH, SIDE WITH DRAG - TOUCH

- 1 & 2 Cross R over L - Step L to side - Cross R over L
- 3 & 4 Cross L over R - Step R to side - Cross L over R
- 5-8 Step R to side - Touch L together - Step L Drag R toward L - Touch R together

REPEAT

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