

# Up Again

**COPPER** KNOB  
STEP SHEETS

**Compte:** 16

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Jennifer Jones (USA) - October 2019

**Musique:** Up Again - Dan Bremnes



**#16 count intro: Begin dance on lyrics**

**Section1: Toe heel stomps, Mambo right and left**

1&2 R toe tap next to L, R heel tap next to L, stomp R forward  
3&4 L toe tap next to R, L heel tap next to R, stomp L forward  
5&6 Rock R to right, step L in place, step R next to L  
7&8 Rock L to left, step R in place, step L next to R (12:00)

**Section 2: Rock recover, shuffle back, ¾ turn left, sailor shuffle**

1,2 R step forward, recover weight to L  
3&4 R step back, close L next to R, R step back  
5,6 L turn ¼ left (9:00) , R turn ½ left (3:00)  
7&8 Cross L behind R, step R to right side, step L to place (3:00)

**Begin dance again**

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Thank- you and enjoy the dance.

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