

I Was Lonely

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: Francien Sittrop (NL) - November 2019

Musique: Once Upon a Time (feat. Martina McBride) - The Mavericks : (Album: Play The Hits)

Intro : Start after 16 counts from the beginning

[1 – 8] Side, Behind, Side Shuffle, Cross Rock, Recover, Sailor step ¼ L

- 1 - 2 Step R to R side, Step L behind R
- 3 & 4 Step R to R side, Step L next to R, Step R to R side
- 5 – 6 Cross Rock L over R, Recover on R
- 7 & 8 Sweep L behind R with ¼ Turn L, Step R next to L, Step L fwd (09.00)

[9-16] Skates, Shuffle fwd, Vaudeville , Hold

- 1 – 2 Skate R, L
- 3 & 4 Step R fwd, Step L next to R, Step R fwd
- 5-6& Step L to L side, Step R behind L, Step L next to R
- 7 – 8 Touch R heel fwd, Hold

[17-24] Together, Cross, ¼ Fwd, Step Fwd, Pivot ¼ R, Cross, Hold, Side, Cross, Side

- &1– 2 Step R next to L, Step L across R, ¼ Turn R step R fwd (12.00)
- 3 – 4 Step L fwd, Pivot ¼ Turn R (Weight ends on R) (03.00)
- 5 – 6 Cross L over R, Hold
- &7-8 Step R to R side, Step L across R, Step R to R side

[25-32] Sailor steps x2, Rock fwd, Recover, Coaster Cross

- 1 & 2 Sweep L behind R, Step R next to L, Step L to L side
- 3 & 4 Sweep R behind L, Step L next to R, Step R to R side
- 5 – 6 Rock L fwd, Recover on R
- 7 & 8 Step L back, Step R next to L, Step L across R

Start Again

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