# The Git Up

Compte:160Mur:1Niveau:Phrased Beginner / ImproverChorégraphe:Blanco Brown (USA), Damon D'Amico (USA) & Dave Serfling (USA) - October<br/>2019



Intro: 32 count - Pattern: A, B, A, C, A, D, A, E, A

Musique: The Git Up - Blanco Brown

#### PART A: MAIN PATTERN OF THE DANCE

#### CHARLESTON w/SWIVEL, WEAVE 2, STAMP, SIDE, CROSS, FULL TURN LEFT

- 1&2 Rock forward on Rt heel with toe pointed in, turn toe out replace weight to Lt, step back Rt
- 3-6 Hook Rt behind Lt, step side Rt, stamp Lt next to Rt, step side left with Lt
- 7-8 Cross Rt over Lt ¼ turn left, continue additional ¾ turn left unwinding with weight on Lt (12:00)

#### HOEDOWNS, TOES IN OUT, BACK ON HEELS, DOWN

- 1&2& Kick Rt to right side, replace, kick Lt to left side, replace
- 3&4& Kick Rt to right side, replace, kick Lt to left side, replace
- 5-6 Lower down bring knees and toes in, turn them out
- 7-8 Go back on heels with toes up, step side left on Lt

#### HOOK, SIDE, TOGETHER SWEEP, WALK ¾ TURN LEFT, TAKE A SIP, BACK, BACK

- 1-2 Hook Rt behind Lt, step side left with Lt,
- 3-4 Step Rt next to Lt with a low hand sweep from right to left, step side left with Lt with a ¼ turn left
- 5-6 Step Rt Back Turn ¼ left, step Lt back turn ¼ left
- 7-8 Step Rt back make a hand gesture "take a Sip", step Lt back

#### SHIMMY BACK 4, WALK FORWARD ¼ PIVOT LEFT, STEP TOGETHER

- 1-2 Step Rt back lean back and shimmy, step Lt back lean back and shimmy
- 3-4 Step Rt back lean back and shimmy, step Lt beside Rt
- 5-6 Step Rt forward, step Lt forward
- 7-8 Step Rt forward turn ¼ Lt, step Lt beside Rt (12:00)

### PART B: GRAPEVINES, HAND ON YOUR SIDE, ROLL YOUR SHOULDERS, SLIDE GRAPEVINE LEFT, GRAPEVINE RIGHT

- 1-4 Step LF to LF, Step RT behind LF, Step LF to LF, Touch RT beside LF
- 5-8 Step RT to RT, Step LF behind RT, Step RT to RT, Touch LF beside RT

#### HOLD UP LEFT HAND, PUT IT ON YOUR SIDE, HIP BUMPS

- 1-4 Stomp LF to LF Hold LF hand up in the air, Hold, Hold, Hold
- 5-8 Put Left Hand on Lt Hip and bump Hips right, left, right, left

#### ROLL YOUR SHOULDERS, SLIP AND SLIDE

- 1-2 Move Shoulders LF and raise LF Shoulder, Move Shoulders RT and raise RT Shoulder
- 3-4 Move Shoulders LF and raise LF Shoulder, Move Shoulders RT and raise RT Shoulder
- 5-8 Hold, Step LF beside RT, Lift RT Knee, Step RT to RT and drag Left Beside RT

#### FREESTYLE

1-8 Do whatever you want here. Have Fun (12:00)

## PART C: SLIDE LF & RT, COOL DOWN, SLIDE LF & RT, BUTTERFLY, ROUND & ROUND, FREESTYLE SLIDE TO THE LF, SLIDE TO THE RT, NOW COOL DOWN

- 1-4 Step LF to LF, Drag RT to LF, Step RT to RT, Drag LF to RT
- 5-8 Step in place left, right, left, right and Fan Face with RT Hand,

#### SLIDE TO THE LF AND RT, DO THE BUTTERFLY

- 1-4 Step LF to LF, Drag RT to LF, Step RT to RT, Drag LF to RT
- 5-6 Step LF to LF Turning Toes, Knees and Hands inward, Turn Toes, Knees and Hands out
- 7-8 Turn Toes, Knees and Hands in, Turn Toes, Knees and Hands out

## GRADUALLY ROTATE 360 DEGREES COUNTER-CW WHILE MAKING A LASSO MOTION ABOVE HEAD WITH RIGHT HAND

&1&----&7&8 16 steps starting with Lt foot

#### FREESTYLE

1-8 Do whatever you want here. Have Fun (12:00)

#### PART D: DOUBLE GRAPEVINE LF AND RT, CRISS CROSS

#### GRAPEVINE LF, CHASE' LF

- 1-4 Step LF to LF, Step RT Behind LF, Step LF to LF, Step RT Beside LF
- 5-8 Get Low and Step LF to LF, Step RT Beside LF, Stay Low and Step LF to LF, Touch RT Beside LF

#### **GRAPEVINE RT, CHASE' RT**

- 1-4 Step RT to RT, Step LF Behind Rt, Step RT to RT, Step LF Beside RT
- 5-8 Get Low and Step RT to RT, Step LF Beside RT, Stay Low and Step RT to RT, Step LF Beside RT

#### TAKE IT DOWN AND CRISS CROSS, BRING IT UP AND CRISS CROSS

- 1-4 Step RT forward, Step LF forward and apart, get Low Bees Knees
- 5-8 Step RT forward, Step LF forward and apart, stand Tall Bees Knees

#### IT BACK AND FREESTYLE

- 1-4 Step Back RT, Step Back LF, step Back RT, Step LF Beside Rt
- 5-8 Freestyle (12:00)

#### PART E: FREESTYLE

#### ROLLING VINE TO THE LEFT AND RIGHT

- 1-4 Turn ¼ left with LF step forward, turn ½ turn left step back RF, turn ¼ left step side w/LF, touch LF
- 5-8 Turn ¼ right with RF step forward, turn ½ turn right step back LF, turn ¼ left step side w/RF, touch RF

#### SLAP LEATHER OR SLAPPING LEATHER

- 1-2 Step side left LF, kick RF behind and slap with left hand
- 3-4 Step side right RF, kick LF behind and slap with right hand
- 5-6 Step side left LF, kick RF in front and slap with left hand
- 7-8 Step side right RF, kick LF in front and slap with right hand

#### STEP SLIDE STEP FORWARD AND BACK

- 1-2 Step diagonally forward towards 10:30 with LF, step RF next to LF
- 3-4 Step diagonally forward towards 10:30 with LF, touch RF next to LF
- 5-6 Step diagonally back towards 4:30 with RF, step LF next to RF
- 7-8 Step diagonally back towards 4:30 with RF, touch LF next to RF

#### FREESTYLE

1-8 Do whatever you want here. Have Fun (12:00)

#### Contact: Dave Serfling or the Rockin' Horse Dance Barn 11820 150 th Ave SE, Renton, WA 98059 • 425-255-9211 www.learn2dance4fun.com We have videos on YouTube.