AB Get Up Early in the Morning

Niveau: Absolute Beginner

Chorégraphe: K. Sholes (USA) & Shirley Blankenship (USA) - October 2019 Musique: I Get Up Early In the Morning - Roger Miller

Section 1: Walk (with Hip Rolls) X3, Hold, Hip Rolls X4

- 1-4 Walk RLR forward, Hold,
- 5-8 Roll hips LRLR.

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Section 2: Walk (with Hip Rolls) X3, Hold, Hip Rolls X4

- Walk LRL back, Hold, 1-4
- 5-8 Roll hips RLRL.

Section 3: Step, Touch X4 (with 1/4 turn)

- 1-4 Step R to side, Touch L next to R, Step L to side, Touch R next to L,
- 5-8 Step R to side, Touch L next to R, Step L 1/4 left, Touch R next to L.

Section 4: Step, Together, Step, Touch X2 (with Hip Rolls)

- Step R to side, Step L next to R, Step R to side, Touch L next to R, 1-4
- 5-8 Step L to side, Step R next to L, Step L to side, Touch R next to L.

**Restarts: Walls #3 & #5 after Section 2...





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