

Bella Ciao

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Tomohiro Iizuka (JP) - September 2019

Musique: Bella Ciao (Música Original da Série La Casa De Papel)



Intro: 16 counts

[1-8] Walk RLR, Kick L, Walk Back LRL, Touch R

1-4 Walk forward RLR, Kick L forward

5-8 Walk back LRL, Touch R back

[9-16] Cross R, Point L, Cross L, Point R, Point Switch x 3, Flick L

1-4 Cross R over left, Point L to left side, Cross L over right, Point R to right side

&5 Step R beside left, Point L to left side,

&6 Step L beside right, Point R to right side,

&7 Step R beside left, Point L to left side,

8 Flick L behind right

(Bridge on Wall 3)

[17-24] Rock L, Recover R, Shuffle L Back, Rock R Back, Recover L, Kick Ball Step R

1-2 Step Rock L forward, Recover R

3&4 Step L back, Step R across left, Step L back

5-6 Step Rock R back, Recover L

7&8 Kick R forward, Ball Change R, Step L forward

[25-32] Pivot 1/4 L x 2, Jazzbox R

1-2 Step R forward, Pivot 1/4 L (9:00)

3-4 Step R forward, Pivot 1/4 L (6:00)

5-8 Cross R over left, Step L back, Step R to right side, Step L forward

Bridge : On Wall 3 (After 9-16 counts, face to 12:00)

[1-8] Mambo L, Stomp R & Clap x 3

1-4 Step Rock L forward, Recover R, Step back L, Hold

5-8 Stomp R beside left & Clap x 3, Hold

Continue with [9-16] Cross R, Point L...

Tag :After Wall 4 (face to 6:00)

[1-4] Hold, R Arm Up

1-4 Hold weight on left, R arm stretch out and up

The music slows down, continue with [1-8] Walk RLR Kick R...

Ending: After Wall 8 (face to 12:00)

[1-4] Stomp R & Clap x 3 (face to 12:00)

1-4 Stomp R beside left & Clap x 3, Hold

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