

Hurt Me

COPPER **KNOB**
BY STEPHANETS

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: Esmeralda van de Pol (NL) - October 2019

Musique: Hurt Me - Meghan Trainor



Intro : start on vocals, 16 counts

WALK FWD, SHUFFLE FWD, ROCK FWD, SHUFFLE BACK

- 1-2 Step RF fwd, Step LF fwd
- 3&4 Step RF fwd, Step LF next to RF, Step RF fwd
- 5-6 Rock LF fwd, Recover weight on RF
- 7&8 Step LF back, Step RF next to LF, Step LF back

WALK BACK, COASTER CROSS, SIDE ROCK, CROSS SHUFFLE

- 1-2 Step RF back, Step LF back
- 3&4 Step RF back, Step LF next to RF, Step RF across LF
- 5-6 Rock LF to L side, Recover weight on RF
- 7&8 Cross LF over RF, Step RF to R side, Cross LF over RF

SIDE ROCK, CROSS SHUFFLE, CHASSE L, BACK ROCK

- 1-2 Rock RF to R side, Recover weight on LF
- 3&4 Cross RF over LF, Step RF to R side, Cross RF over LF
- 5&6 Step LF to L side, Step RF next to LF, Step LF to L side
- 8 Rock RF back, Recover weight on LF

JAZZ BOX 1/4 TURN X2

- 1-2 Cross RF over LF, 1/4 turn R-step LF back
- 3-4 Step RF to R side, Step LF fwd
- 5-6 Cross RF over LF, 1/4 turn R-step LF back
- 7-8 Step RF to R side, Step LF fwd

Dance With Esmerlada

Esmeralda v.d. Pol

www.esmeralda-dancers.com

info@esmeralda-dancers.com