

# Today is Friday

**COPPER** **KNOB**  
STEPSHEETS

Compte: 32

Mur: 2

Niveau: Improver Contra

Chorégraphe: Karianne Heimvik (NOR) & Tom Inge Soenju (NOR) - September 2019

Musique: Hoy Es Viernes - Chucho Flash



**Note: Made as a contra but can of course be danced on lines as well.**

**Intro: 16 counts**

**Sequence: Repeating sequence**

**Tag/Restart: No tags or restarts**

**End: Dance as normal till music ends.**

## **Section 1: F R MAMBO STEP, COASTER CROSS, SIDE-TOGETHER, B SHUFFLE**

1 & 2 Rock fwd on RF, Recover weight onto LF, Step back on RF

3 & 4 Step back on LF, Step RF next to LF, Cross LF over RF

5 - 6 Step RF to R side, Step LF next to RF

7 & 8 Step back on RF, Step LF next to RF, Step back on RF

## **Section 2: SIDE-TOGETHER, L CHASSÉ, POINT-¼ PADDLE L TURN X4**

1 - 2 Step LF to L side, Step RF next to LF

3 & 4 Step LF to L side, Step RF next to LF, Step LF to L side

5 & Point toes of RF fwd and make a ¼ L turn (F09:00)

6 & Point toes of RF fwd and make a ¼ L turn (F06:00)

7 & Point toes of RF fwd and make a ¼ L turn (F03:00)

8 & Point toes of RF fwd and make a ¼ L turn (F12:00)

## **Section 3: CROSS-SAMBA X 2 (R/L), FWD SHUFFLE X 2 (R/L)**

1 & 2 Cross RF over LF, Rock ball of LF to L side, Recover weight onto RF

3 & 4 Cross LF over RF, Rock ball of RF to R side, Recover weight onto LF

5 & 6 Step fwd on RF, Step LF next to RF, Step fwd on RF

7 & 8 Step fwd on LF, Step RF next to LF, Step fwd on LF

**Optional during C5-8 if you dance contra: High five the people you pass with a big smile :-)**

## **Section 4: R CROSS, ½ R TURN (¼, ¼), TOUCH, FULL L SHUFFLE TURN**

1 - 2 Cross RF over LF, ¼ R turn stepping back onto LF (F03:00)

3 - 4 ¼ R turn stepping fwd on RF, Touch LF next to RF (F06:00)

5& ¼ L turn stepping fwd on LF, Step RF next to LF (F09:00)

6& ¼ L turn stepping fwd on LF, Step RF next to LF (F12:00)

7& ¼ L turn stepping fwd on LF, Step RF next to LF (F03:00)

8 ¼ L turn stepping fwd on LF (F06:00)

**Start again and enjoy! Happy Dancing!**

**Contact: If anything is unclear or if you would like additional information, please contact us:**

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